

Strong Enough

Compte: 48

Mur: 4

Niveau: Improver

Chorégraphe: Sarah Massey (UK) & Myra Massey (UK)

Musique: Strong Enough (Remix) - Cher



RIGHT & LEFT SAILOR STEPS, ½ TURN LEFT, ¼ TURN LEFT

- 1&2 Cross right behind left, step left to left side, step right in place
- 3&4 Cross left behind right, step right to right side, step left in place
- 5&6 Step forward on right, pivot ½ turn left
- 7-8 Step forward on right, pivot ¼ turn left

DIAGONAL SHUFFLES RIGHT & LEFT, SKIPS BACK X3, HITCH

- 9&10 Shuffle diagonally forward on a right left right
- 11&12 Shuffle diagonally forward on a left right left
- &13 Hitch right knee sliding left foot back, step right back
- &14 Hitch left knee sliding right foot back, step back left
- &15 Hitch right knee sliding left foot back, step back right
- 16 Hitch left knee

VINE LEFT, SCUFF RIGHT, VINE RIGHT, SCUFF LEFT

- 17-18 Step left to left side, cross right behind left
- 19-20 Step left to left side, scuff right foot forward
- 21-22 Step right to right side, cross left behind right
- 23-24 Step right to right side, scuff left foot forward

¼ TURN LEFT, JAZZ BOX, LEFT JAZZ BOX

- 25-26 Cross left foot across right, step back on right
- 27-28 Step left ¼ turn left, step right beside left
- 29-30 Cross left foot across right, step back on right
- 31-32 Step left to left side, touch right beside left

ROLLING FULL TURN RIGHT CLAP, ROLLING FULL TURN LEFT, CLAP

- 33 Step right ¼ turn right
- 34 On ball of right make ½ turn right stepping back on left
- 35 On ball of left make ¼ turn right stepping right to right side
- 36 Touch left beside right, clapping hands
- 37 Step left ¼ turn on left
- 38 On ball of left make ½ turn left stepping back on right
- 39 On ball of left make ¼ turn left stepping left to left side
- 40 Touch right beside left, clapping hands

¼ TURNING RIGHT SHUFFLE, PIVOT ½ TURN RIGHT, LEFT SHUFFLE, STOMPS

- 41&42 Step right ¼ turn right shuffling forward on a right left right
- 43-44 Step forward on left, pivot ½ turn right
- 45&46 Shuffle forward on a left right left
- 47-48 Stomp right to right side, stomp left to left side

REPEAT
