

Straight From The Heart

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Steve Rutter (UK)

Musique: Listen To My Heart - Cartoons



SIDE, CROSS BEHIND, ROCK & CROSS, SIDE, CROSS BEHIND, SYNCOPATED WEAVE

- 1-2 Step left to left side, cross right behind left
- 3&4 Rock left to left side, recover weight onto right, cross left over right
- 5-6 Step right to right side, cross left behind right
- 7&8 Cross right foot behind left, step left to left side, cross right over left

SIDE, CLOSE, FORWARD, CLOSE, SIDE ROCK WITH ¼ TURN, LEFT SHUFFLE

- 9-10 Step left to left side, close right beside left
- 11-12 Step left foot forward, close right beside left
- 13-14 Rock left to left side, recover weight onto right making ¼ turn right
- 15&16 Step left foot forward, close right beside left, step left foot forward

LOCK STEP, RIGHT CHASSE, RONDE MAKING ½ TURN LEFT, LEFT SAILOR STEP

- 17-18 Step right foot forward, lock left behind right
- 19&20 Step right to right side, close left beside right, step right to right side
- 21-22 With weight on right ronde left foot round making ½ turn left inscribing a ½ circle.
- 23&24 Cross left behind right(taking weight), step right a small step to right side(taking weight), step left beside right(taking weight)

SKATE STEPS, FORWARD ROCK WITH ½ TURN, FORWARD ROCK, BALL-CROSS

- 25-26 Skate right foot out away from left stepping right slightly forward, skate left foot out away from right stepping left slightly forward

Steps 25-26 should move forward

- 27-28 Rock forward on right, recover weight back onto left making ½ turn right
- 29-30 Step forward on right, rock forward on left
- 31 Recover weight back onto right
- &32 Step left foot slightly back, cross right foot over left

REPEAT
