

Straight From My Heart

Compte: 32

Mur: 2

Niveau: Improver

Chorégraphe: Rudolf Birckigt (DE)

Musique: Straight From The Heart - Valérie May



SIDE, CROSS, UNWIND, GRAPEVINE LEFT, TOUCH 2X

- 1 Step right to right side
- 2 Cross left in front of right
- 3 Unwind full turn right
- 4 Step left to left side
- 5 Cross right behind left
- 6 Step left to left side
- 7 Touch right beside left
- 8 Touch right to right side

CROSS, UNWIND, BACK, ROCK, STEP ¼ TURN, SIDE, ½ TURN, TOUCH

- 9 Cross right in front of left
- 10 Unwind ¾ turn left (3:00)
- 11 Step back with left
- 12 Rock forward onto right
- 13 Step forward left with ¼ turn left (12:00)
- 14 Step right to right side
- 15 On ball of right foot make a ½ turn left while stepping left to left side (6:00)
- 16 Touch right toe beside left

SKATE FORWARD 2X, STEP, FULL TURN, SKATE BACK 2X, BACK, ROCK FORWARD

- 17 Skater step forward right
- 18 Skater step forward left
- 19 Small step forward on right while turning right foot 1/8 to right at place
- 20 On ball of right foot full turn right while stepping back with left (6:00)
- 21 Skater step back right
- 22 Skater step back left
- 23 Step back right
- 24 Rock forward onto left

MAMBO FORWARD, MAMBO BACK, MAMBO CROSS 2X

- 25 Step right forward
- & Take weight back onto left
- 26 Step right back
- 27 Step back on left
- & Take weight back onto right
- 28 Step left forward
- 29 Step right to right
- & Take weight back onto left
- 30 Cross right in front of left
- 31 Step left to left
- 32 Take weight back onto right

REPEAT