

# Stone Cold Polka

**COPPER KNOB**  
BY STEPHENETS

**Compte:** 24

**Mur:** 4

**Niveau:** Beginner polka



**Chorégraphe:** Johnny J.

**Musique:** Cajun Moon - Ricky Skaggs

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## **POLKA FORWARD TWICE, HEEL SWITCHES, STEP, HEEL SPLIT**

- 1&2 Step forward on the left foot, step right next to left, step forward on the left foot  
3&4 Step forward on the right foot, step left next to right, step forward on the right foot  
5& Touch left heel forward, step left foot next to right  
6& Touch right heel forward, step right foot next to left  
7&8 Step slightly forward on left foot, fan heels out, return heels to center (ending with the weight on right foot)

## **SKIP BACK TWICE, POLKA BACK, COASTER STEP, CROSS ROCK**

- 9& Hitch left knee while scooting back on right foot, step left foot back  
10& Hitch right knee while scooting back on left foot, step right foot back  
11&12 Step back on left foot, step right next to left, step back on left foot  
13&14 Step back on right foot, step left next to right, step right foot forward  
15&16 Cross rock left foot over right, recover weight to the right foot

## **POLKA LEFT, CROSS ROCK, POLKA ¼ TURN RIGHT, WALK, WALK**

- 17&18 Step left to the left side, step right next to left, step left to the left side  
19-20 Cross rock right foot over left, recover weight to the left foot  
21&22 Step right to the right side, step left next to right, make ¼ turn right (to the right) and step right foot forward (3:00)  
23-24 Walk forward left, right

**A harder option for the "brave": do a full turn instead of walking - make ½ turn to the left and step left foot back on 7, then make another ½ turn to the left on 8 and step right foot forward**

**REPEAT**

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