Stompin Ground



Compte: 32 Mur: 4 Niveau: Improver

Chorégraphe: Paul Donahey (UK)

Musique: Stomp - Steps



SIDE TOE SWITCHES, STEP ONTO LEFT, CLAPS, HOLD, CLAPS

1&2 Touch left toe to left side, step left together, touch right toe to right side

&3 Step right together, touch left toe to left side &4 Hitch left knee, touch left toe to left side

5&6 Step weight onto left, clap hands above head twice

7 Hold

&8 Clap hands above head twice

On counts 5-8, weight is evenly distributed across both feet, slightly wider than shoulder width apart finishing with weight on left

CROSS TOE TOUCHES, ROLL ARMS UP & DOWN

9-10 Cross touch right toes in front of left, step right to right side
11-12 Cross touch left toes in front of right, step left to left side

13-14 Roll arms up, while moving hips left, right 15-16 Roll arms down, while moving hips left, right

On counts 13-16, weight is evenly distributed across both feet, slightly wider than shoulder width apart

STEP KICKS LEFT & RIGHT, STEP PIVOT ½ RIGHT WITH HOOK, STEP PIVOT ¼ RIGHT WITH HOOK

&17-18 Step weight onto left, kick right straight forward twice in front of left &19-20 Step weight onto right, kick left straight forward twice in front of right

21 Step left forward

22 Hook right leg behind left & slap with left hand while pivoting ½ turn right

23 Step right forward

24 Hook left leg behind right & slap with right hand while pivoting ¼ turn right

LEFT VINE WITH HOOKS OUT IN, RIGHT VINE WITH HOOKS OUT IN

25-27 Step left to left side, cross step right behind left, step left to left side

&28 Hook right out to side and slap with right, hook right in front of left and slap with left

29-31 Step right to right side, cross step left behind right, step right to right side

&32 Hook left out to side and slap with left, hook left in front of right and slap with right

REPEAT