

# Steppin'

Compte: 32

Mur: 2

Niveau: Improver



Chorégraphe: Lana Harvey (USA)

Musique: One Foot In Front of the Other - Lee Roy Parnell

## STOMP, HOLD, STOMP, HOLD, DIAGONAL BALL CHANGE, SLIDE, STEP, ¼ PIVOT HOOK

- 1-2 Stomp on left directly in front of right. Hold.  
3-4 Stomp on right directly in front of left. Hold.  
&5 Step ball of left foot back on a 45 angle to left. Step right forward on 45 angle to right.  
**You are facing 45 right, left back, right forward.**  
6 Slide left forward to just behind the right heel. Weight is on left  
7 Step forward, 45 right, with right.  
8 Pivot ¼ to left of starting position on ball of right foot and bring left across right in a hook.

**You are now facing 9:00**

## STEP, ½ PIVOT LEFT, SCUFF, HEEL-TOE FORWARD, TOE-HEEL BACK

- 9 Step forward on left  
10 Step forward on ball of right  
11 Pivot ½ turn left on ball of left foot ending with weight on left.  
12 Scuff right heel forward.  
13 Rocking body a little forward, step forward on right heel.  
14 Drop right toe.  
15 Leaving left behind right, step down on left toe straightening body back up.  
16 Drop left heel .

## BOX FORWARD RIGHT, HOLD, BOX FORWARD LEFT, HOLD

- 17 Step right back directly across from and a little to the right of the left foot.  
18 Step left next to right.  
19-20 Step forward on right. Hold.  
21 Step left forward directly across from and a little left of the right. Foot.  
22 Step right next to left.  
23-24 Step left forward. Hold.

## STOMP, HOLD, STOMP BEHIND, HOLD, BACK, CLOSE, FAN, ¼ TURN/SCUFF

- 25-26 Stomp on right directly in front of left. Hold.  
27-28 Stomp on left directly behind right. Hold.  
29 Step back on right  
30 Step left next to right  
31 Fan right toes to right, shifting weight to right.  
32 Making ¼ turn to right, scuff left forward.

## REPEAT

If you wish to make the dance pattern exactly to the music (so the first 4 counts always go with the word "One step in front of the other" & on the chorus), add the following after the first four dance patterns:

### 16 COUNT BONUS

- 1-2 Step forward on left directly in front of right. Hold.  
3-4 Step forward on right directly in front of left. Hold.  
5-6 Step on left directly behind right. Hold.  
7-8 Step back on right directly behind left. Hold.  
9-16 Repeat these 8 counts once more.

There is an extra 8 count late in the song but it is in the last part which is all instrumental anyway. If you wish you could add the first 8 of the Bonus pattern after the 14th dance sequence. It is not really necessary, but if

you want to keep counting sequences to 14...

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