

Step It Up!

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Niki Yohn (USA) & Debi Bodven (USA)

Musique: Higher - Gloria Estefan



SYNCOPATED STEPS TRAVELING FORWARD

- 1-2 Touch right toe forward, hold
- &3 Step onto right, touch left toe forward
- &4& Step onto left, touch right toe forward, step onto right
- 5-6 Touch left toe forward, hold
- &7 Step onto left, touch right toe forward
- &8& Step onto right, touch left toe forward, step onto left

ROCK STEP, ½ TURN TRIPLE, SYNCOPATED TOE TOUCHES, HOOK, TURN

- 1-2 Rock forward right, recover weight on left
- 3&4 Shuffle right, left, right while turning ½ turn right
- 5& Touch left toe to side, step left together with right
- 6& Touch right toe to side, step right together with left
- 7-8 Touch left toe to side, hook left heel at outside of right knee while pivoting ¼ turn left on ball of right

SHUFFLE FORWARD, ROCK STEP, TURNING SHUFFLE, ROCK STEP

- 1&2 Shuffle forward left, right, left
- 3-4 Rock forward right, recover weight on left
- 5&6 Shuffle right, left, right while turning ½ turn right
- 7-8 Rock forward left, recover weight on right

COASTER STEP, ½ TURN, KICK-CROSS-TOUCH, HIP BUMPS

- 1&2 Step left behind right, step side right, step left in place
- 3-4 Step forward right, pivot ½ turn left leaving weight back on right
- 5&6 Kick left forward, cross left over right, touch right (feet should be about shoulder width apart)
- 7-8 Bump hips right while transferring weight, bump hips left while transferring weight

REPEAT
