

# Step Ahead (P)

Compte: 60

Mur: 0

Niveau: Partner



Chorégraphe: Ruth Elias (UK)

Musique: Step Ahead - Dave Sheriff

Position: Right Open Promenade. Mirror image

## MAN'S STEPS

- 1 Left foot step diagonally forward to left
- 2 Right foot touch beside left
- 3 Right foot step diagonally back to right
- 4 Left foot touch beside right
- 5 Left foot step to the side
- 6 Right foot step beside left
- 7 Left foot step to the side
- 8 Right foot touch beside left
  
- 9 Right foot step to the side
- 10 Left foot step beside right
- 11 Right foot step to side at same time  $\frac{1}{4}$  turn right
- 12 Left foot touch beside right

### Pick up lady's right hand in man's left

- 13 Left foot step to the side
- 14 Right foot step beside left
- 15 Left foot step to the side
- 16 Right foot touch behind left
  
- 17 Right foot step to the side
- 18 Left foot step beside right
- 19 Right foot step to the side
- 20 Left foot touch behind right
- 21 Left foot step to the side
- 22 Right foot touch behind left
- 23 Right foot step to the side
- 24 Left foot touch behind right

25&26 Left shuffle on left, right, left

27&28 Right shuffle on right, left, right

**During these shuffles drop man's right and lady's left hand. Raise man's left hand and man shuffles under his own arm changing places with lady and facing LOD. Lady shuffles behind man changing places facing LOD - hold inside hands**

29&30 Left shuffle forward on left, right, left

31&32 Right shuffle forward on right, left, right

33-35 Walk forward on left, right, left

36 Kick right foot forward

37-39 Walk back on right, left, right

40 Left toe touch back

41-43 Left foot step to the side, right foot cross behind left, left foot step to the side

44 Stomp right foot beside left

- 45-46 Bump hips to right twice  
 47-48 Bump hips to left twice
- 49 Right foot step forward  
 50 Release hands and pivot ½ turn left  
 51 Right foot step forward  
 52 Pivot 1/ 2 turn left and pick up inside hands  
 53&54 Right shuffle turning to face inside LOD (back to lady)
- 55&56 Left shuffle turning to face lady  
 57&58 Right shuffle turning to LOD  
 59&60 Left kick ball change

## REPEAT

### LADY'S STEPS

- 1 Right foot step diagonally forward to right  
 2 Left foot touch beside right  
 3 Left foot step diagonally back to left  
 4 Right foot touch beside left  
 5 Right foot step to the side  
 6 Left foot step beside right  
 7 Right foot step to the side  
 8 Left foot touch beside right
- 9 Left foot step to the side  
 10 Right foot step beside left  
 11 Left foot step to side at same time ¼ turn left  
 12 Right foot touch beside left  
 13 Right foot step to the side  
 14 Left foot step beside right  
 15 Right foot step to the side  
 16 Left foot touch behind right
- 17 Left foot step to the side  
 18 Right foot step beside left  
 19 Left foot step to the side  
 20 Right foot touch behind left  
 21 Right foot step to the side  
 22 Left foot touch behind right  
 23 Left foot step to the side  
 24 Right foot touch behind left
- 25&26 Right shuffle on right, left, right  
 27&28 Left shuffle on left, right, left
- During these shuffles drop man's right and lady's left hand - raise man's left hand and man shuffles under his own arm changing places with lady and facing LOD. Lady shuffles behind man changing places facing LOD - hold inside hands**
- 29&30 Right shuffle forward on right, left, right  
 31&32 Left shuffle forward on left, right, left
- 33-35 Walk forward on right, left, right  
 36 Kick left foot forward  
 37-39 Walk back on left, right, left

- 40 Right toe touch back
- 41-43 Three step turn to right on right, left, right changing hands finish holding inside hands  
44 Stomp left foot beside right  
45-46 Bump hips to left twice  
47-48 Bump hips to right twice
- 49 Left foot step forward  
50 Release hands and pivot ½ turn right  
51 Left foot step forward  
52 Pivot ½ turn right and pick up inside hands  
53&54 Left shuffle turning to face outside LOD (back to man)
- 55&56 Right shuffle turning to face man  
57&58 Left shuffle turning to LOD  
59&60 Right kick ball change

**REPEAT**

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