

Stay Out Of My Arms

Compte: 64

Mur: 2

Niveau: Intermediate



Chorégraphe: Diana Pushkina (FIN)

Musique: Stay Out of My Arms - George Strait

SCUFFS AND HIP BUMPS

- 1-2 Right scuff in front of left diagonally, right step slightly to right side with right hip bump
- 3-4 Hip bumps left, right
- 5-6 Left scuff in front of right diagonally, left step slightly to left side with left hip bump
- 7-8 Hip bumps right, left

SCUFF, ½ PIVOT, HEEL BOUNCES

- 9-10 Right scuff in front of left diagonally, cross right in front of left foot
- 11-12 ½ pivot turn to left (weight on right)
- 13-14 Bounce (tap) left heel twice (can clap with the second tap)
- 15-16 Bounce (tap) right heel twice (can clap with the second tap), (weight on left)

CHA-CHAS, ROCK STEP, FULL SPIN

- 17&18 Side cha-cha to right (right, left, right)
- 19-20 Left rock step back behind right, step on right
- 21&22 Side cha-cha to left (left, right, left)
- 23-24 Cross right in front left, full spin to left (unwind), (weight on left)

DIAMONDS AND SLAPS

- 25-28 Step right forward, point left heel forward, point left toe to left side, slap left heel behind with right hand
- 29-32 Step left forward, point right heel forward, point right toe to right side, slap right heel behind

½ PIVOTS

- 33-34 Right step forward, ½ pivot turn to left
- 35-36 Right step forward, ½ pivot turn to left (weight on left)

HIP BUMPS, CHA-CHAS WITH ROCK STEPS, HIP BUMPS

- 37-40 Right step forward with right hip bump, hip bumps left, right, left
- 41&42 Cha-cha right backward (right, left, right)
- 43-44 Left rock step back, step right forward
- 45&46 Cha-cha left forward (left, right, left)
- 47-48 Right rock step forward, step left back
- 49&50 Cha-cha right backward (right, left, right)
- 51-52 Left rock step back, step right forward
- 53-56 Left step forward to left with left hip bump, hip bumps right, left, right

CHA-CHA, BACK ½ PIVOT TURN, CHA-CHA, ½ PIVOT

- 57&58 Cha-cha left backward (left, right, left)
- 59-60 Step right back making a ½ turn to right backward (weight on right)
- 61&62 Cha-cha left forward (left, right, left)
- 63-64 Step right forward, ½ pivot turn to left

REPEAT