

# Stationary Waltz (P)

Compte: 24

Mur: 4

Niveau: Intermediate partner dance



Chorégraphe: Bob Izral (USA)

Musique: Rockin' Years - Dolly Parton & Ricky Van Shelton

**Position: Right dancing skaters position**

Partners follow identical footwork throughout the pattern. This waltz is an adaptation of the "Stationary Cha-cha" to waltz rhythm. It works best with slower waltz songs

## WALTZ ROCK STEPS

- 1 Step left forward
- 2 Rock right forward
- 3 Step left backward
- 4 Step right backward
- 5 Rock left backward
- 6 Step right forward

## STEP, PIVOT, ROCK STEP; STEP, PIVOT, ROCK STEP

- 1 Step left forward
- & Pivot  $\frac{1}{2}$  right on ball of left foot
- Partners are now in left dancing skaters position**
- 2 Rock right backward
- 3 Step left forward
- 4 Step right forward
- & Pivot  $\frac{1}{2}$  left on ball of right foot
- Partners return to right dancing skaters position**
- 5 Rock left backward
- 6 Step right forward

## QUARTER TURN, STEP, PIVOT, ROCK; STEP, STEP, PIVOT, ROCK

- 1 Step on left foot turning  $\frac{1}{4}$  right
- Lady steps in place, man steps around to remain at lady's side**
- 2 Step right forward
- Release right hands and raise left hands**
- & Pivot  $\frac{1}{2}$  left on ball of right foot
- 3 Rock left backward
- 4 Step right forward
- 5 Step left forward
- & Pivot  $\frac{1}{2}$  right on ball of left foot
- 6 Rock right backward
- Rejoin right hands returning to right dancing skaters position**

## WALTZ BALANCE STEPS

- 1 Step left forward
- 2 Touch right toe next to left instep
- 3 Hold
- 4 Step right backward
- 5 Touch left toe next to right instep
- 6 Hold

**REPEAT**

