

Spirit In The Sky

Compte: 64

Mur: 1

Niveau: Intermediate

Chorégraphe: Carmel Hutchinson (USA) & Ernie (Hutch) Hutchinson (USA)

Musique: Spirit In the Sky - Norman Greenbaum



FORWARD, TOUCH, FORWARD, TOUCH - BACK, TOUCH, ½ LEFT, BRUSH

1-4 Step right forward, touch left (clap), step left forward, touch right (clap)

5-8 Step right back, touch left (clap), step left back into ½ turn left (clap), brush right (clap)

FORWARD, TOUCH, BACK, CROSS/TOUCH-STEP, LOCK, ½ TURN RIGHT, BACK

1-4 Step right forward, touch left behind right, step left back, cross right over left and touch

5-8 Step right forward, step left forward to outside of right, step right forward into ½ turn right, step left back

BACK, HOLD, CROSS, HOLD - SIDE, CROSS, SIDE, HOLD

1-4 Step right back, hold, cross left over right, hold

5-8 Side step right, cross left over right, side step right, hold

BACK, FORWARD ¼ TURN RIGHT, SIDE, BACK - CROSS, BACK, BACK, CROSS

1-4 Step left back, step right forward into ¼ turn right, side step left, step right back

5-8 Cross left over right, step right back, step left back, cross right over left

SIDE, HOLD, CROSS, HOLD - SIDE, CROSS, SIDE, HOLD

1-4 Side step left slightly back, hold, cross right over left, hold

5-8 Side step left, cross right over left, side step left, hold

BACK, FORWARD ¼ TURN LEFT, SIDE, BACK - CROSS, BACK, BACK, CROSS

1-4 Step right back, step left forward into ¼ turn left, side step right, step left back

5-8 Cross right over left, step left back, step right back, cross left over right

¼ RIGHT TOE-HEEL, TOE-HEEL - FORWARD RIGHT, ¼ LEFT, CROSS TOE-HEEL

1-4 Side right toe into ¼ turn right, drop right heel, step left toe forward, drop left heel

5-8 Step right forward into ¼ turn left (weight left), cross right toe over left, drop right heel

¼ LEFT TOE-HEEL, TOE-HEEL - FORWARD LEFT, ¼ RIGHT, CROSS TOE-HEEL

1-4 Side left toe into ¼ turn left, drop left heel, step right toe forward, drop right heel

5-8 Step left forward into ¼ turn right (weight right), cross left toe over right, drop left heel

REPEAT
