

# Spin Around

Compte: 32

Mur: 0

Niveau:

Chorégraphe: Nicky Capper

Musique: Hands Up - Zig & Zag



## APPLEJACK, TOUCH OUT 3/4 TURN RIGHT HOLD

- 1 Take weight on right toe and left heel, swivel right heel and left toe to left
- & Bring both feet back in place
- 2 Take weight on left toe and right heel, swivel left heel and right toe to right
- & Bring both feet back in place
- 3-4 Repeat steps 1-2

- 5 Touch right foot to right side
- 6 Pivot a  $\frac{3}{4}$  turn turning on ball of left foot
- 7 Step forward on right foot
- 8 Step forward on left

## FORWARD BACK STEP ELECTRIC JUMPS

- 9 Touch right foot
- & Step right foot back in place
- 10 Touch left foot back
- & Step forward on left foot
- 11-12 Repeat steps 9-11

- 13 Jump back on right foot
- & Touch right foot forward
- 14 Jump both feet back in place
- 15 Jump back on left foot
- & Touch right foot forward
- 16 Jump both feet back in place

## STEP TURN STOMP, STOMP KNEE DROP FULL TURN

- 17 Step forward on right foot
- 18 Pivot a  $\frac{1}{4}$  turn right
- 19 Stomp right foot in place
- 20 Stomp left foot in place
  
- 21 Bend left knee down to the ground and drop right knee
- 22 Jump back in place
- 23 Pivot a full turn right
- & Touch right foot in place
- 24 Slap right knee with left hand

## SIDE & SIDE LEFT SIDE & SIDE SAILOR STEPS WITH A $\frac{1}{4}$ TURN

- 25 Step right foot to right side
- & Step left foot in place
- 26 Step right foot to right side
- & Touch left foot in place
- 27 Step left foot to left side
- & Step right foot in place
- 28 Step left foot to left side

- & Touch right foot in place
- 29 Cross right foot behind left
- & Step left foot to left side
- 30 Step right foot forward
- 31 Cross left foot behind right foot
- & Step right foot to right side and make a  $\frac{1}{4}$  turn left
- 32 Jump both feet forward

**REPEAT**

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