

# Spice It Up

**Compte:** 32

**Mur:** 2

**Niveau:** Beginner

**Chorégraphe:** Michael Seurer (USA)

**Musique:** Up! - Shania Twain



## MODIFIED JAZZ SQUARE

- 1 Cross right foot over in front of left and step
- 2 Step back slightly on left foot
- 3&4 Back shuffle(right, left, right)
- 5 Cross left foot over in front of right and step
- 6 Step back slightly on right foot
- 7&8 Back shuffle (left, right, left)

## FORWARD STEPS WITH HEEL TAPS

- 9 Step forward on right foot with toe lead
- 10-12 Tap right heel 3 times
- 13 Step forward on left foot with toe lead
- 14-16 Tap left heel 3 times

## CROSS TOUCHES

- 17 Touch right foot to the right
- 18 Cross right foot over in front of left and step
- 19 Touch left foot to the left
- 20 Cross left foot over in front of right and step
- 21-24 Repeat counts 17-20

## KICK BALL CHANGE, MILITARY PIVOT ½ TO THE LEFT, STOMPS

- 25 Kick right foot forward
- & Step on ball of right foot next to left
- 26 Step on left foot
- 27&28 Repeat counts 25&26
- 29 Step forward on right foot while turning ½ to the left
- 30 Shift weight to left foot
- 31 Stomp right
- 32 Stomp left foot next to right and clap hands

## REPEAT

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