

South Coast Swing

Compte: 32

Mur: 2

Niveau: Intermediate/Advanced



Chorégraphe: Bill Bader (CAN) & Marcie McLaurin (CAN)

Musique: Knock Yourself Out - Lee Roy Parnell

CHASSE RIGHT, SIDE, ¼ PIVOT, FORWARD, KICK, TURN/SWING BACK, TOUCH

- 1&2 Left-right-left cross shuffle across front of right traveling right (cross-behind-cross) with toes angled to right. Body faces 1:30
- 3 Step right toe/ball to right side
- 4 Pivot turn ¼ left onto left to face 9:00
- 5 Step right forward
- 6 Kick left forward
- 7 Keeping left raised off the floor, turn ¼ right (to 12:00) and swing left heel up and back so that left shin is parallel to floor
- 8 Touch left toe tip straight down in back keeping left foot vertical

STEP BACK, TAP HEEL TWICE, STEP FORWARD, TAP TOE TWICE

- & Step left back
- 9-10 Tap right heel twice
- & Step right forward
- 11-12 Tap left toe/ball twice

STEP BACK, KICK, BRUSH 3 TIMES: HOOK, FORWARD/RIGHT, BACK/RIGHT

- & Step left back
- 13 Kick right toe forward
- 14 Brush right toe back/left to hook right up across front of left shin
- 15 Brush right toe forward/right
- 16 Brush right toe back/right

TURN STEP, HEEL FORWARD, HOLD, STEP FORWARD, STEP FORWARD STEP FORWARD, HEEL FORWARD, TOE SIDE, TURN/SWING BACK

- & Step right to right side turned ¼ left
- 17 Touch left heel forward (toward 9:00)
- 18 Hold
- 19 Step forward onto left
- 20 Step right forward
- 21 Step left forward
- 22 Touch right heel forward
- 23 Touch right toe to right side
- 24 Turn ¼ right (to 12:00) and swing right heel up and back so that right shin is parallel to floor

SIDE SHUFFLE RIGHT, CROSS-BACK, ROCK, SIDE SHUFFLE LEFT, TURN ½, SIDE SHUFFLE RIGHT

- 25&26 Right-left-right side shuffle traveling right facing 12:00:, (side-together-side)
- 27 Cross-step left behind right turning 1/8 left to 10:30
- 28 Rock forward onto right
- 29&30 Returning to face 12:00 wall: left-right-left side shuffle traveling left (side-together-side)
- & Turn on left ½ right to face 6:00
- 31&32 Right-left-right side shuffle traveling right (side-together-side)

REPEAT

