

Soul Train

Compte: 32

Mur: 4

Niveau: Intermediate east coast swing



Chorégraphe: Maurice Rowe (USA)

Musique: Go-Go Gadget Gospel - Gnarl's Barkley

STEP, SCUFF HITCH ½ TURN TOUCH, SHUFFLE, ¼ TURN, SHUFFLE

- 1 Step left foot forward
- 2&3 Scuff right foot forward, hitch right knee up turning a half turn left, stepping back on right
- 4 Touch left next to right
- 5&6 Shuffle forward, left, right, left
- 7&8 Turning ¼ turn left, side shuffle right, left, right toward 6:00

KICK LEFT FOOT FRONT, SIDE, SAILOR STEP, KICK RIGHT FOOT FRONT, SIDE, SAILOR STEP

- 1-2 Kick left foot forward, kick left to left side
- 3&4 Step left behind right, step right to right, step left next to right
- 5-6 Kick right foot forward, kick right to right side
- 7&8 Step right behind left, step left to left, step right next to left

HEEL & HEEL & HEEL, CLAP TWICE. AND HEEL & HEEL & HEEL, CLAP TWICE

- 1&2 Touch left heel forward, step left next to right, touch right heel forward
- &3&4 Step right next to left, touch left heel forward, clap twice (&4)
- &5&6 Step left next to right, touch right heel forward, step right next to left, touch left heel forward
- &7&8 Step left next to right, touch right heel forward, clap twice

SHUFFLE BACK, ROCK RECOVER, ½ TURN, ½ TURN, PIVOT ½ TURN

- 1&2 Shuffle back right, left, right
- 3-4 Rock back on left, recover weight to right
- 5 Step forward (toward 3:00) on left turning ½ turn right
- 6 Step back (toward 3:00) on right turning ½ turn right
- 7-8 Step forward on left, pivot ½ turn right replacing weight onto right foot (9:00)

REPEAT
