

Songs About Me

Compte: 64

Mur: 2

Niveau: Intermediate

Chorégraphe: Letha Blackford (USA), Dilauna Burks (USA) & Shawna Crane (USA)

Musique: Songs About Me - Trace Adkins



RIGHT ROCK STEP, RIGHT SHUFFLE WITH ½ TURN RIGHT, STEP LEFT, TURN ½ TURN RIGHT, LEFT MAMBO STEP

- 1-2 Right forward rock step
- 3&4 Right shuffle with ½ turn right
- 5-6 Step left, turn ½ turn right
- 7&8 Left mambo step

RIGHT KICK BALL CROSS, ¼ TURN RIGHT, RIGHT KICK BALL CROSS, ¼ TURN RIGHT

- 1&2 Right kick ball cross
- 3-4 Unwind ¼ turn to right (weight on left)
- 5&6 Right kick ball cross
- 7-8 Unwind ¼ turn right (weight on left)

RIGHT SIDE ROCK, RIGHT SHUFFLE FORWARD, LEFT SIDE ROCK, LEFT SHUFFLE FORWARD

- 1-2 Rock right to right side
- 3&4 Right shuffle forward (right, left, right)
- 5-6 Rock left to left side
- 7&8 Left shuffle forward (left, right, left)

RIGHT MONTEREY TURN, RIGHT SHUFFLE, LEFT SHUFFLE

- 1-2 Point right to right, ½ turn right (backwards), step right next to left
- 3-4 Point left to left, step left next to right
- 5&6 Right shuffle forward (right, left, right)
- 7&8 Left shuffle forward (left, right, left)

RIGHT KICK BALL CHANGE TWICE, OUT, OUT, HOLD, IN, IN, HOLD

- 1&2 Right kick ball change
- 3&4 Right kick ball change
- 5&6 Step out with right, step out with left, hold
- 7&8 Step in with right, step in with left, hold

STEP RIGHT, ¼ TURN LEFT, STEP RIGHT, ¼ TURN LEFT, RIGHT SAILOR, LEFT SAILOR

- 1-2 Step on right, make ¼ turn left
- 3-4 Step on right, make ¼ turn left
- 5&6 Right sailor step
- 7&8 Left sailor step

FULL TURN LEFT, WALK RIGHT, WALK LEFT, RIGHT MAMBO, LEFT ROCK N' CROSS

- 1-2 Full turn to left (step right, step left)
- 3-4 Step right, step left
- 5&6 Right mambo step
- 7&8 Left rock and cross

STEP, POINTS BACKWARDS TWICE, STEP, POINTS FORWARD TWICE

- 1-4 Point right to right side, step right behind left, point left to left side, step left behind right
- 5-8 Point right to right side, step right in front of left, point left to left side, step left in front of right

REPEAT

RESTART

On wall two, restart after 56 counts, then repeat dance till end of song
