

Smooth Sonny

Compte: 32

Mur: 4

Niveau: Improver



Chorégraphe: Nancy Morgan (USA)

Musique: The More I'm Around Some People, The More I Like My Dog - Sonny Burgess

WALK, WALK, SIDE ROCK, BEHIND AND CROSS, SIDE ROCK

- 1-2 Walk forward right, left
- 3-4 Rock/step right foot out to right side and return weight back to left foot
- 5&6 Step right behind left, step left out to left side, cross right over left
- 7-8 Rock/step left foot out to left side and return weight back to right foot

STEP BEHIND, HITCH TWICE IN A ½ TURN, TWO TRAVELING SAILORS

- 1 Step left behind right
- 2-3 Lift right knee up (in a hitch position) and hop on left two times as you turn ½ turn to your right
- 4 Step forward on right
- 5&6 Step left behind right, step right to right side, step forward on left
- 7&8 Step right behind left, step left to left side, step forward on right

FORWARD ROCK, COASTER STEP, FORWARD ROCK, COASTER STEP

- 1-2 Rock/step forward on left and back on right
- 3&4 Coaster step - step back on left, step back on right, step forward on left
- 5-6 Rock/step forward on right and back on left
- 7&8 Coaster step - step back on right, step back on left, step forward on right

STEP, ¼ TURN, SHUFFLE FORWARD, KICK-BALL-CHANGE, KICK-BALL-CHANGE

- 1-2 Step forward on left, pivot ¼ turn to right
- 3&4 Shuffle forward - left, right, left
- 5&6 Kick-ball-change - kick right foot slightly forward, step right next to left as you lift left foot off of floor, step left next to right
- 7&8 Kick-ball-change - kick right foot slightly forward, step right next to left as you lift left foot off of floor, step left next to right

REPEAT
