Smarten Up



Compte: 40 Mur: 4 Niveau: Intermediate

Chorégraphe: Gerard Murphy (CAN)

Musique: Don't Be Stupid (You Know I Love You) - Shania Twain



1&2& 3&4& 5&6& 7&8	Step in place; right, left, right, left Step right heel forward, step left in place, step right toe behind, step left in place Scuff right forward, ¼ turn to the left on left, stomp right & hold Shuffle right, left, right to right
9& 10& 11&12& 13& 14& 15&16 &17	Cross/step left behind right, slide/hop back on left while hitching right Cross/step right behind left, slide/hop back on right while hitching left Cross/step left behind right, clap, clap, hold Cross/step right behind left, slide/hop back on right while hitching left Cross/step left behind right, slide/hop back on left while hitching right Cross/step right behind left, clap, clap Hop back on left, hop forward on right (switching position from 15) With weight on right heel and left ball, swivel both to the left as one unit (right swivels left, left
19&20	swivels right) Swivel both back in place, swivel both as in 18, swivel both back in place
21&22 23 24& 25-26 &27 &28 &29	Step right to right, step left in place, cross right over left Pivot on right making ¾ turn to the left with weight transferring to left Scuff right next to left, hop in place on left Step right heel to right, step left behind right Quickly step right to right, cross and step left over right Quickly step right to right, cross and step left behind right Quickly step right to right, cross and step left over right Pivot on left making ¾ turn to the right with weight transferring to right
31&32	Shuffle forward (left, right, left)
33&34&35& 36& 37&38&39& 40&	Quickly cross & step right over left, step left ball to left still behind right (repeat 2 more times) Quickly cross & step right over left, hitch left knee Quickly cross & step left over right, step right ball right still behind left (repeat 2 more times) Quickly cross & step left over right, hitch right knee

REPEAT

Arms are at sides throughout the dance except for the following:

ARM MOVEMENTS FOR COUNTS 31-40 ON FRONT & BACK WALLS ONLY:

31&32	Grasp hands with dancers on your right & left and
33-36	In a swooping motion raise them to shoulder height as you begin the cross-ball steps. Hold hands in this position for counts 33-36
37-40	Dron arms to sides, still grasned

41 Release hands

ARM MOVEMENTS FOR COUNTS 33-40 ON SIDE WALLS ONLY:

33-36	Cross right forearm in front of stomach with arm turned in cross left forearm behind back,

facing out

37-40 As above - with opposite arms!

HEAD MOVEMENTS FOR COUNTS 33-40 (ALWAYS!)

33-36 Head turns left 37-40 Head turns right