

Slow Down Baby

Compte: 32

Mur: 4

Niveau: Intermediate



Chorégraphe: Caz Mawby (UK)

Musique: Slow Down Baby - Christina Aguilera

SIDE SLIDE BACK ROCK SIDE BACK ROCK ¼ KICK COASTER

- 1-2 Long step to right side slide left up to right (weight on left)
- 3&4 Rock back on right recover weight on left step right to side
- 5&6 Rock back on left making a ¼ turn left recover on right kick left forward
- 7&8 Step back on left step right together step forward on left

POINT HITCH ¼ SIDE WALK LEFT RIGHT FORWARD & BACK SYNCOPATED ROCKS POINT

- 1&2 Point right out to side hitch right knee making a ¼ turn left step right to side (6:00)
- 3-4 Walk forward left right
- 5&6& Rock forward on left recover on right rock back on left recover on right
- 7&8 Rock forward on left recover on right point left toe back

HEEL BOUNCE ½ TURN COASTER POINT & POINT

- 1-4 Making a ½ turn over left shoulder heel bounce tapping right heel 4 times keeping left toe pointed (12:00)
- 5&6 Step back on left step right together step forward on left
- 7&8& Point right out to side step right next to left point left out to side step left next to right

STEP ¾ TURN LEFT CHASSE RIGHT LEFT SAILOR STEP SKATE FORWARD TWICE

- 1-2 Step forward on right pivot ¾ turn left
- 3&4 Step right to side close left up to right step right to side
- 5&6 Cross left behind right step right to side step left to place
- 7-8 Skate forward right left (3:00)

REPEAT
