

Sleeping On The Foldout

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Helen D'Aguiar (UK)

Musique: Sleepin' On the Foldout - Brad Paisley



KICK BALL CHANGE, STOMP, KICK, COASTER STEP, KICK BALL CHANGE

- 1&2 Right kick ball change
- 3-4 Stomp right foot forward, kick left leg forward
- 5&6 Step left foot back, close right next to left, step left forward
- 7&8 Right kick ball change

KICK BALL CHANGE, STOMP, KICK, COASTER STEP, KICK BALL CHANGE

- 9-16 Repeat section 1

CHASSE, CROSS ROCK, CHASSE ¼ TURN LEFT, STEP PIVOT HALF TURN LEFT

- 17&18 Step right to side, close left next to right, step right to side
- 19-20 Cross left over right, recover back on right
- 21&22 Step left to side, close right next to left, make ¼ turn left stepping left foot forward
- 23-24 Step forward on right, pivot half turn left (weight ends on left)

JAZZ BOX, JUMP STEPS, CLAPS

- 25-28 Cross right over left, step back on left, step right to side, close left next to right
- &29-30 Jump forward right left and clap on count 30
- &31-32 Jump back right left and clap on count 32

GRAPEVINE ¼ TURN RIGHT, SCUFF, PIVOT TURN, SHUFFLE

- 33-36 Step right foot to side, cross left behind right, turn ¼ right stepping forward on right and scuff left foot forward, step forward on left, pivot half turn right (weight ends on right)
- 39&40 Left shuffle forward

ROCK STEPS, PIVOT ¼ TURN LEFT, CROSS SHUFFLE

- 41-44 Rock forward on right, recover back on left, rock back on right, recover forward on left
- 45-46 Step forward on right, pivot ¼ turn left (weight ends on left)
- 47&48 Cross shuffle right over left

ROCK & CROSS, HOLD (WITH CLAP) TWICE

- 49-52 Rock out to side on left. Recover on right, cross left over right and clap on count 52
- 53-56 Rock out to side on right, recover on left, cross right over left and clap on count 56

ROCK STEP, SHUFFLE BACK, TOUCH BACK, HALF TURN RIGHT, SHUFFLE

- 57-58 Rock forward on left, recover back on right
- 59&60 Left shuffle back
- 61-62 Touch right toe back, make half turn right (taking weight on right)
- 63&64 Left shuffle forward

REPEAT
