

# Sleeping Light

**Compte:** 64

**Mur:** 4

**Niveau:** Intermediate



**Chorégraphe:** Anita Ludlow (UK)

**Musique:** Sleepin' On the Foldout - Brad Paisley

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## **FORWARD, SLIDE, JACK HEEL & HOLD, SYNCOPATED FORWARD ROCK TWICE**

- 1-2&3-4 Step right forward, slide left up to meet right, step back on right, dig left heel forward & hold for one count
- &5-6&7-8& Step left in place, rock right forward across left, recover weight on left, step right in place, rock left forward across right, recover weight on right. Step left in place.

## **SIDE, BEHIND, CHASSE, 2 PADDLES ¼ TURNING**

- 1-2-3&4 Step right to right side, cross left behind right, chasse right (step right to right side, step left next to right, step right to right side)
- 5-8 Right foot remains on the floor as the left pushes the body around to the right with 2 x paddle turns (1/8 turn twice)

## **FORWARD, SLIDE, JACK HEEL & HOLD, SYNCOPATED FORWARD ROCK TWICE**

- 1-16 Repeat above 16 counts but reversing everything

## **CROSS SIDE SHUFFLE, CHASSE, ¼ TURN & SHUFFLE BACK, COASTER STEP**

- 1&2-3&4 Step right over left, step left to left side, step right over left. Step left to left side, step right next to left, step left to left side
- 5&6-7&8 Quarter turn & right shuffle back (right/left/right), coaster step (step left back, step right next to left, step left forward)

## **STEP FORWARD & HOLD STEP, STEP, BRUSH TWICE**

- 1-2&3-4 Step right forward, hold for one count, step left just behind right, step right forward, brush left next to right
- 5-6&7-8 Repeat but reversing

## **STEP BRUSH, STEP BRUSH, CHASSE, ROCK BACK**

- 1-4 Step right to right side, brush left forward, step left in place, brush right forward
- 5&6-8 Chasse right (step right to right side, step left next to right, step right to right side) rock left leg back, recover weight onto right

## **STEP BRUSH, STEP BRUSH, CHASSE, ROCK BACK**

- 1-8 Repeat as above 8 counts but reversing everything

**REPEAT**

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