

# Sit In Line

**COPPER** KNOB  
BY STEPHEN METZ

Compte: 32

Mur: 0

Niveau:



Chorégraphe: Pam Pike (UK)

Musique: I Feel Lucky - Mary Chapin Carpenter

**This dance is done sitting. It works best if you can get everyone to bring their chairs onto the dance floor.**

1-2 Clap hands once, cross hands and clap with your neighbour once  
3-4 Clap hands once, cross hands and clap with your neighbour once  
5-6 Dig right heel in front, replace  
7-8 Dig left heel in front, replace

9-10 Twist heels out and in  
11-12 Twist heels out and in  
13-14 Snap fingers once, clap hands once  
15-16 Snap fingers once, clap hands once

17-18 Hitch right foot up and slap with left hand, replace  
19-20 Hitch left foot up and slap with right hand, replace  
21-22 Hitch right foot up and slap with left hand, replace  
23-24 Hitch left foot up and slap with right hand, replace

**If people are unable to raise their feet then they can just slap their knee**

25-26 Stand up  
27-28 Step left to left side, touch right next to left and clap  
29-30 Step right to right side, touch left next to right and clap  
31-32 Sit down

**If people are unable to stand up then they can do this instead:**

25-26 Raise both hands in the air  
27-28 Wave both hands to the left  
29-30 Wave both hands to the right  
31-32 Bring hands down

**REPEAT**

---