

# Sisqomix

**Compte:** 32

**Mur:** 1

**Niveau:** Improver line/contra dance



**Chorégraphe:** Jeanine Schroyen

**Musique:** Thong Song (Radio Edit) - Sisqó

The choreographer was 8 years old when this dance was written

## ARM MOVEMENTS

- 1-2 Move right hand with two fingers stretched from left to right in front of your face
- 3-4 Move left hand with two fingers stretched from right to left in front of your face
- 5-8 Lower your arms from vertical to the outside and down with open hands

## RUNNING MAN STEPS

- &9 Jump with both feet forward (slightly apart), jump feet diagonally apart (right foot forward)
- &10 Jump feet together hitching left knee, jump feet diagonally apart (left foot forward)
- &11 Jump feet together hitching right knee, jump feet diagonally apart (right foot forward)
- &12 Jump feet together, jump feet diagonally apart (right foot forward)
- &13 Repeat steps &10
- &14 Repeat steps &11
- &15 Repeat steps &10
- &16 Jump feet together, jump feet diagonally apart (left foot forward)
- & Jump feet together

## STEP, PIVOT, SHUFFLES, TOUCH, CROSS, PIVOT, SHUFFLE, CLOSE

- 17-18 Step right foot forward, pivot ½ turn left
- 19&20 Right shuffle forward (right foot, left foot, right foot)
- 21&22 Left shuffle forward (left foot, right foot, left foot)
- 23-24 Step right foot next to left foot, hold
- 25-26 Cross right foot in front of left foot, pivot ½ turn left
- 27&28 Right shuffle forward (right foot, left foot, right foot)
- 29&30 Left shuffle forward (left foot, right foot, left foot)
- 31-32 Step right foot next to left foot, hold

## REPEAT

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