Sink Or Swim Polka



Compte: 48 Mur: 4 Niveau: Intermediate

Chorégraphe: John Dembiec (USA)

Musique: Don't Cross The River - Garth Brooks



ROCK/RECOVER, TURNING SHUFFLE, KICKS, PIVOT, HITCH

1-2	Dook forward laft	recover back to right
1-/	Rock forward left	recover back to right

3&4 Making ½ turn to left, shuffle back left, right, left

5-6 Kick right forward, kick right back

7-8 While on left foot, pivot ½ turn right with a right kick, hitch right over left

SHUFFLE FORWARD, SHUFFLE SIDE (TWICE)

1&2 Shuffle forward right, I	left, right
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3&4 Making ¼ turn right, side shuffle left, right, left
 5&6 Making ¼ turn left, shuffle forward right, left, right
 7&8 Making ¼ turn right, side shuffle left, right, left

ROCK/RECOVER, KICK AND CROSSES, 1/2 TURN PIVOT

1-2	Rock diagonally	/ back behind with	right, recover to left

3&4 Facing diagonally right, kick right, step right next to left, step left over right

5&6 Kick right, step right next to left, step left over right

7-8 Step right to right, pivoting ½ turn to right on right, step left to left

KICK AND STEP, ROCK/RECOVER, 1/2 TURN SHUFFLE

1&2	Facing diagonally	left, kick right forward,	step right next to left	sten left tot left

3&4 Kick right forward, step right next to left, step left tot left

5-6 Rock right diagonally over left, recover to left 7&8 Turning ½ turn to right, shuffle right, left, right

SHUFFLE FORWARD, ½ TURNS WITH HITCHES, ROCK/RECOVER

1&2	Shuffle forward left, right	nt. left
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Step right forward, pivot ½ turn left and hitch left knee up
Step left back, pivot ½ turn left and hitch right knee up
Step right forward, pivot ½ turn left and hitch left knee up
Step left back, pivot ½ turn left and hitch right knee up

7-8 Rock right forward, replace back to left

BACK COASTER, TURNING TOE TOUCHES, BACK ROCK/RECOVER

1&2	Step right back, step left next to right, step right slig	htlv forward

3& Touch left to left, step left next to right with ¼ turn to left

4& Touch right to right, step right next to left

Touch left to left, step left next to right with ¼ turn to left

Touch right to right, step right next to left Rock back on left, replace back to right

REPEAT