

Shut Up And Dance

Compte: 32

Mur: 4

Niveau: Beginner polka



Chorégraphe: Charles Gauthier (FR)

Musique: Shut Up and Drive - Chely Wright

RIGHT LOCK FORWARD, LEFT LOCK FORWARD

- 1 Step right forward
- 2 Left foot lock behind right
- 3 Step right forward
- 4 Scuff on left foot
- 5 Step left forward
- 6 Right foot lock behind left
- 7 Step left forward
- 8 Scuff on right foot

JAZZ BOX (TRIANGLE), LEFT FULL TURNING VINE

- 1 Right foot cross over left
- 2 Left foot step back
- 3 Step right to the right
- 4 Touch left foot to the right
- 5 Step left to the left ($\frac{1}{4}$ turn left)
- 6 Right foot to right side ($\frac{1}{2}$ turn left)
- 7 Left foot to the left ($\frac{1}{4}$ turn left)
- 8 Touch right foot near left foot

RIGHT TOE FORWARD, RIGHT TOE RIGHT, SAILOR STEP, LEFT TOE FORWARD, LEFT TOE LEFT, SAILOR STEP $\frac{1}{4}$ TURN LEFT

- 1 Right toe forward
- 2 Right toe on the right side
- 3&4 Sailor step (right behind left, left to left, right to right)
- 5 Left toe forward
- 6 Left toe on the left side
- 7&8 Sailor step (left behind right, right to right with $\frac{1}{4}$ turn left, left step)

JAZZ BOX (TRIANGLE), LEFT VINE

- 1 Right foot cross over left
- 2 Left foot step back
- 3 Step right to the right
- 4 Touch left foot to the right
- 5 Step left to the left
- 6 Right foot behind left
- 7 Left foot to the left
- 8 Right scuff

REPEAT