

Shut My Mouth

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Trent Cummings (USA) & Mary Cummings (USA)

Musique: Honky Tonk Badonkadonk - Trace Adkins



KICK & CROSS, SLIDE TOUCH TWICE

- 1&2 Kick right foot forward, step back on right, cross left over right
3-4 Step right foot large step to right side, slide left beside right and touch left toe (weight on right)
5&6 Kick left foot forward, step back on left, cross right over left
7-8 Step left foot large step to left side, right beside left and touch right toe (weight on left)

¼ RIGHT TURNING JAZZ BOX, SKATE RIGHT-LEFT-RIGHT-LEFT

- 9-10 Cross right foot over left, step back on left foot
11-12 Turn ¼ right with right foot, bring left together with right
13-14 Skate forward right, skate forward left (bend knees slightly)
15-16 Skate forward right, skate forward left (bend knees slightly)

ROCK FORWARD AND BACK, WALK BACK, CROSS UNWIND, APART HOLD/CLAP

- 17-18 Rock forward on right, recover weight on left
19-20 Walk back right, left
21-22 Cross right behind left, unwind ½ turn right
&23-24 Jump slightly apart, left-right, hold for one beat and clap

BUMP RIGHT-LEFT-RIGHT-LEFT, TOE HEEL TWICE

- 25-26 Bump hips to the right, bump hips to the left
27-28 Bump hips to the right, bump hips to the left
29-30 Step right toe forward, bring right heel to floor
31-32 Step left toe forward, bring left heel to floor

REPEAT
