

# Shuggie Bear

**Compte:** 48

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Shuggie McCardle (UK)

**Musique:** Ten Feet Tall and Bulletproof - Travis Tritt



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## LEFT & RIGHT SHUFFLE FORWARD, ROCK STEPS, STEP BACK LEFT, ½ TURN LEFT, & TOUCH

- 1&2 Left shuffle forward, on a left, right left
- 3&4 Right shuffle forward, on a right, left, right
- 5-6 Rock forward on left, rock back on right
- 7-8 Step back on left, unwind ½ turn to the left, & touch

## RIGHT & LEFT CHASSE WITH ROCK STEPS

- 10&11 Right foot step right, left next to right, right foot steps right
- 12-13 Rock back on left, rock forward on right
- 14&15 Left foot to left, right next to left, left to left
- 16-17 Rock back on right, rock forward on right

## SWAYS WITH ¼ TURN, JAZZ BOX

- 18-19 Right foot step to the side and sway hips right, sway hips left (rocking down)
- 20-21 Sway hips right, sway hips left turning ¼ turn left (rocking up)
- 21-22 Right foot cross in front of left, left foot step back
- 23-24 Right foot step to the side, left foot touch beside right

## LEFT CHASSE, ROCK BACK & FORWARD, ROCK FORWARD & BACK, ROCK & BACK FORWARD

- 25&26 Left foot step left side, right next to left, left foot step left side
- 27-28 Rock back on right, rock forward on left
- 29-30 Rock forward on right, rock back on left
- 31-32 Rock back on right, rock forward on left

## HEEL SWITCHES, HIP BUMPS ROTATE OR UP & DOWN

- 33&34 Right heel tap forward, right foot step beside left and at same time tap, left heel forward
- &35-36 Left foot step beside right and at same time tap right heel forward, clap
- 37-38 Hip bumps forward, and back, (going down on these two beats)
- 39-40 Hip bumps forward, and back, (going up on these two beats)

## FORWARD, & ½ TURN LEFT BACK SHUFFLES, ROCK STEPS, STEP RIGHT, SCUFF LEFT

- 41&42 Right forward shuffle on right-left-right
- 43&44 ½ turn left back shuffle on left-right-left
- 45-46 Rock back on right foot, rock forward on left foot
- 47-48 Step right forward, scuff left forward

## REPEAT

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