

The Shuffle

Compte: 32

Mur: 4

Niveau:

Chorégraphe: Rick Bates (USA)

Musique: Singin' The Blues - The Kentucky Headhunters



HIP SWAYS, FORWARD SHUFFLES

- 1-4 Step slightly to the right on right foot with knees bent slightly, sway hips to the right, left, right, left (weight ending on left)
- 5&6 Shuffle forward right, left, right
- 7&8 Shuffle forward left, right, left

HIP SWAYS, FORWARD SHUFFLE

- 9-12 Step slightly to the right on right foot with knees bent slightly, sway hips to the right, left, right, left (weight ending on left)
- 13&14 Shuffle forward right, left, right
- 15&16 Shuffle forward left, right, left

ROCK STEP, SHUFFLE BACK, PIVOT, SHUFFLE FORWARD, STEP TURN

- 17 Rock step forward on the ball of right foot
- 18 Rock back onto left foot
- 19&20 Shuffle back right, left, right
- & Pivot ½ turn to the left on ball of right foot
- 21&22 Shuffle forward left, right, left
- 23 Step forward on right foot
- 24 Pivot ½ turn to the left on ball of left foot

STOMP, STOMP, KNEE SLAPS, HAND CLAPS, STEP TURN

- 25 Stomp forward on right foot
- 26 Stomp left foot next to right
- 27-28 Bend forward slightly and slap upper part of right knee with right hand and left knee with left hand twice (slap both knees at the same time)
- 29-30 Clap hands together twice
- 31 Step forward on right foot
- 32 Pivot ¼ turn to the left on ball of left foot

REPEAT
