

Shortening Bread

Compte: 32

Mur: 2

Niveau:

Chorégraphe: Joe Lazano & The CLC Kickers

Musique: Shortenin' Bread - The Tractors



DIAMOND TOE TOUCHES, KICK STEP TOUCHES, ½ DIAMOND TOE TOUCHES

- 1-3 Touch right toe to right side, touch right toe to front, touch right toe to right side
- &4 Slight jump right foot to place, while extending left foot to left side
- &5 Slight jump left foot to place, while extending right foot to right side
- &6 Slight jump right foot to place, while extending left foot to left side
- 7-8 Touch left toe to front, touch left toe to left side

SAILOR SHUFFLES, ROCK STEP, COASTER STEP

- 1&2 Left sailor shuffle
- 3&4 Right sailor shuffle
- 5-6 Rock forward on left foot, rock back to place on right foot
- 7&8 Left coaster step

ROCK STEP, SHUFFLE STEPS, ROCK STEP

- 1-2 Rock back on right foot (as you rock back, extend arms and scream), rock forward on left foot
- 3&4 Shuffle forward with right foot
- 5&6 Shuffle forward with left foot
- 7-8 Rock forward on right foot, rock back to place on left foot

MONTEREY TURN, TOE STRUTS

- 1-2 Extend right foot to right side, while sweeping ½ turn right bring feet together
- 3-4 Extend left toe to left side, step left foot next to right foot
- 5-8 Right toe heel strut, left toe heel strut

REPEAT
