

Shooting From The Hip

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Michelle Chandonnet (CAN)

Musique: Shooting From The Hip - Barry Upton & Wild At Heart



LEFT GRAPEVINE, BRUSH, CROSS, HOLD, ½ TURN LEFT, HOLD

- 1-2 Step left to left, step right behind left foot
- 3-4 Step left to left, brush right
- 5-6 Cross right in front of left foot, hold
- 7-8 Pivot ½ turn to left, hold

TOE STRUT, TOE STRUT, ROCK STEP FORWARD, ROCK STEP BACK

- 1-2 Touch right toe forward, step right heel down
- 3-4 Touch left toe forward, step left heel down
- 5-6 Step right forward, rock back on left
- 7-8 Step right back, rock forward on left

RIGHT GRAPEVINE, BRUSH, CROSS, HOLD, ½ TURN RIGHT, HOLD

- 1-2 Step right to right, step left behind right foot
- 3-4 Step right to right, brush left
- 5-6 Cross left in front of right foot, hold
- 7-8 Pivot ½ turn to right, hold

TOE STRUT, TOE STRUT, ROCK STEP FORWARD, ROCK STEP BACK

- 1-2 Touch left toe forward, step left heel down
- 3-4 Touch right forward, step right heel down
- 5-6 Step left forward, rock back on right
- 7-8 Step left back, rock forward on right

STEP FORWARD, HOLD, ¼ TURN RIGHT, HOLD, APPLE JACKS

- 1-2 Step left forward, hold
- 3-4 Pivot ¼ turn to right, hold
- 5 Raise right heel and left toe turning both heels inside
- 6 Bring feet in place
- 7 Raise left heel and right toe turning both heels inside
- 8 Bring feet in place

STOMP, HOLD, STOMP, HOLD, HEEL SPLITS

- 1-2 Stomp right forward, hold
- 3-4 Stomp left forward, hold
- 5-6 Heels split outside, heels split inside
- 7-8 Heels split outside, bring heels to center (weight on left foot)

STEP FORWARD, HOLD, PIVOT ½ TURN, HOLD, ROCK STEP FORWARD, ROCK STEP BACK

- 1-2 Step right forward, hold
- 3-4 Pivot ½ turn left, hold
- 5-6 Step right forward, rock back on left
- 7-8 Step d back, rock forward on left

STOMP, HOLD, STOMP, HOLD, TOUCH, HOLD, FULL TURN

- 1-2 Stomp right forward, hold

3-4 Stomp left forward, hold
5-6 Touch right to right, hold
7-8 Full turn to right on left, step right beside left

REPEAT
