

# Shania's Up

Compte: 50

Mur: 4

Niveau: Beginner

Chorégraphe: Rafael Corbí (ES) & Ariadna Corbi (ES)

Musique: Up! - Shania Twain



## ROCK FORWARD, BACK, COASTER STEP TWICE

- 1-2 Rock forward with right foot crossing in front of left, recover weight to left foot  
3&4 Step back with right foot, left beside right, step forward with right foot  
5-6 Rock forward with left foot crossing in front of right, recover weight to right foot  
7&8 Step back with left foot, right beside left, step forward with left foot

## KICK BALL CROSS, ROCK, SIDE, COASTER CROSS, ROCK, SIDE

- 9&10 Kick forward with right foot, step right beside left, cross left over right  
11-12 Rock right foot to right side, recover weight to left foot  
13&14 Step right foot back, left beside right, cross right over left  
15-16 Rock left foot to left side, recover weight to right foot

## COASTER CROSS, PIVOT ½ TURN LEFT, PIVOT ¼ TURN LEFT

- 17&18 Step left foot back, right beside left, cross left foot over right  
19-20 Step forward with right, pivot half turn left (weight on left)  
21-22 Step forward with right, pivot quarter turn left (weight on left)

## VINE RIGHT, VINE LEFT

- 23-24 Step right to right side, step left behind right  
25-26 Step right to right side, touch left beside right  
27-28 Step left to left side, step right behind left  
29-30 Step left to left side, touch right beside left

## STEPPING BACK WITH CLAPS

- 31-32 Step back with right foot in right diagonal, touch left beside right and clap your hands  
33-34 Step back with left foot in left diagonal, touch right beside left and clap your hands  
35-36 Step back with right foot in right diagonal, touch left beside right and clap your hands  
37-38 Step back with left foot in left diagonal, touch right beside left and clap your hands

## ROLLING VINE TRAVELING FORWARD

- 39-40 Step forward with right foot, doing a ½ turn right step left foot back  
41-42 Doing a ½ turn right step right forward (you've done a full turn forward), step left beside right

## TOE STRUTS TRAVELING FORWARD

- 43-44 Step forward with right toe, drop right heel  
45-46 Step forward with left toe, drop left heel  
47-48 Step forward with right toe, drop right heel  
49-50 Step forward with left toe, drop left heel

## REPEAT

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