

Shang-A-Lang

Compte: 64

Mur: 4

Niveau: Improver

Chorégraphe: Alya Kamme (UK)

Musique: Shang-A-Lang - Bay City Rollers



STEP LOCK & STEP, STEP LOCK & STEP, STEP LOCK & STEP & STEP TOUCH

- 1-2& Step right foot diagonally forward right lock left behind right and step right foot slightly forward and to the right
- 3-4& Step left foot diagonally forward left lock right behind left and step left foot slightly forward and to the left
- 5-6 Step right foot diagonally forward right lock left behind right
- &7-8 Step right foot slightly forward and to the right, step forward left, touch right beside left

SYNCOPATED TOE SWITCHES & CLICKS (TRAVELING SLIGHTLY BACKWARDS)

- 1&2 Touch right toe right, close right beside left, touch left toe to left
- &3-4 Close left beside right, touch right toe right, click fingers
- &5&6& Close right beside left, touch left toe left, close left beside right, touch right toe right
- 7-8 Close right beside left, touch left toe left, click fingers

ROLLING FULL TURN LEFT, TOUCH, KICK BALL CROSS TWICE

- 1-2 Step left making $\frac{1}{4}$ turn left, step back on right making $\frac{1}{2}$ turn left
- 3-4 Step left making $\frac{1}{4}$ turn left, touch right beside left
- 5&6 Kick right forward, step down on right, cross left over right
- 7&8 Kick right forward, step down on right, cross left over right

Steps 5-8 traveling right

ROLLING FULL TURN RIGHT, TOUCH, LEFT SHUFFLE FORWARD RIGHT ROCK

- 1-2 Step right making $\frac{1}{4}$ turn right step back on left making $\frac{1}{2}$ turn right
- 3-4 Step right making $\frac{1}{4}$ turn right touch left beside right
- 5&6 Step left forward, close right to left step forward left
- 7-8 Rock forward right and back on left

STEP, ROCK BACK & FORWARD, STEP $\frac{3}{4}$ TURN, SHUFFLE FORWARD, ROCK STEP

- &1-2 Step right beside left, rock back on left step back right touch back left
- 3-4 Unwind $\frac{3}{4}$ turn over left shoulder (weight remaining on right)
- 5&6 Step forward on left close right to left step forward left
- 7-8 Rock forward right back on left

RIGHT SAILOR, LEFT SAILOR, STEP $\frac{1}{2}$ TURN LEFT TWICE

- 1&2 Cross right behind left step left to left step right to place
- 3&4 Cross left behind right step right to right step left to place
- 5-6 Step right forward pivot $\frac{1}{2}$ turn left
- 7-8 Step right forward pivot $\frac{1}{2}$ turn left

SKATE RIGHT, LEFT, RIGHT, LEFT, MONTEREY TURN

- 1-2 Skate right diagonally to right, skate left diagonally to left
- 3-4 Skate right diagonally to right, skate left diagonally to left
- 5 Touch right out to right side
- 6 On ball of left make $\frac{1}{2}$ turn stepping right beside left
- 7-8 Touch left toe out to left side, step left beside right

MONTEREY TURN, KICK BALL CHANGE, STEP $\frac{1}{2}$ TURN LEFT

- 1 Touch right out to right side
- 2 On ball of left make $\frac{1}{2}$ turn stepping right beside left
- 3-4 Touch left toe out to left side, step left beside right
- 5&6 Kick right forward, step onto ball of right foot, step down onto left
- 7-8 Step right forward pivot $\frac{1}{2}$ turn left

REPEAT
