Shake You Down



Compte: 32 Mur: 2 Niveau: Improver

Chorégraphe: Barry Durand (USA)

Musique: Shake You Down - Gregory Abbott



SWEEP TURN, CROSS, SWEEP TURN AND SHAKE YOU DOWN HIPS

I am including this as 10 counts because the shake you down hips occurs on counts 7-10 but makes sense as an accent in the chorus

1-4 Start by turning ¼ turn left and step forward left, sweep right foot around making another ¼

turn left facing 6:00, step right across left, turn 1/4 turn left and step left

5-10 Sweep right foot around and turn ¼ turn left facing 12:00 and step with right across left, step

side left and rock hips left, right, left, right and on last rock to right turn 1/4 turn left (9:00) on

the right foot (7-10)

COASTER STEP, FAST VINE

3&4 Back left, together right, forward left

5-6&7&8 Forward right, fast vine moving forward sort of like a guick traveling lock step syncopated by

locking left behind right, forward right, forward left, lock right behind left, forward left

PIVOT TURN, TURNING BOX, VINE

1-2 Step forward right and turn ½ turn left on (1) facing 3:00, hold 2
3-4& ¼ turn left (12:00) and step forward, side right, cross left over right
5-6& Step side right turning ¼ turn left facing 9:00, side left, cross right over left
7-8& Side left with ¼ turn left facing 6:00, side right, cross left behind right

RONDE, VINE, PADDLE TURN

1-2&3-4 Facing 6:00 ronde with right foot sweeping it forward to right and behind, step right behind

left, side left, cross right over left, step side left

5-8 Start a paddle turn to right by stepping on right turning to right, make a full paddle turn by

using left to push around &6&7& so you are again facing 6:00, step side right

REPEAT