

Shake Me Goombay

Compte: 32

Mur: 4

Niveau: Intermediate



Chorégraphe: Kathy Brown (USA)

Musique: Back To The Island (Part 2) - Baha Men

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- | | |
|-------|---|
| 1-2 | Step right, step left behind |
| &3&4 | Step right to side, step left over right, step right to side, place left heel forward |
| &5&6& | Step left to left side, step right in front of left, step left to side, step right behind left, step left to side |
| 7&8 | Place right heel forward, step right next to left, place left heel forward |
| | |
| &1-2 | Step left next to right, rock forward on right, recover left |
| 3&4 | Right coaster step |
| 5-6 | Rock forward left, recover right |
| 7&8 | Left triple, turning ½ left |
| | |
| 1&2 | Right kick ball change |
| 3&4 | Right kick ball change |
| 5&6 | Kick right forward, step out to side with the right, step left to the left side |
| 7&8 | Bump hips, left-right-left |
| | |
| 1-2 | Cross rock right over left, recover left |
| 3&4 | Right triple turning ¼ right |
| 5-6 | Step forward on left, pivot ½ right |
| 7&8 | Full spiral triple in place left-right-left (or triple in place) |

REPEAT
