

Shake A Leg

Compte: 64

Mur: 4

Niveau: Intermediate



Chorégraphe: Ann Napier (NZ)

Musique: Wastin' Time With You - Carlene Carter

RAMBLE LEFT, DWIGHT RIGHT

- 1-4 Swivel both heels to left, swivel both toes to left, swivel both heels left, swivel both toes to left
- 5-6 Swivel left toe to right as you touch right heel forward, swivel left heel to right as you touch right toe beside left
- 7-8 Repeat counts 5-6

SIDE ROCK CROSS STRUT, TURNING TOE STRUTS

- 1-2 Rock right foot out to right side, recover weight onto left foot
- 3-4 Cross right toe over left foot, drop right heel to floor snapping fingers
- 5-6 Turn ¼ turn right touching left toe back, drop left heel to floor snapping fingers
- 7-8 Turn ¼ turn right touching right toe forward, drop right heel to floor snapping fingers

FRONT & SIDE KICKS, ROCK STEP, STOMP, CLAP

- 1-2 Kick left foot forward twice
- 3-4 Kick left foot to left side twice
- 5-6 Rock back on left foot, recover weight onto right foot
- 7-8 Stomp left foot in place taking weight, clap hands

FRONT & SIDE KICKS, ROCK STEP, STOMP UP, CLAP

- 1-2 Kick right foot forward twice
- 3-4 Kick right foot to right side twice
- 5-6 Rock back on right foot, recover weight onto left foot
- 7-8 Stomp up right foot in place, clap hands

½ MONTEREY TURN, ¼ MONTEREY TURN

- 1-2 Touch right toe out to right side, pivot ½ turn to right stepping right foot beside left
- 3-4 Touch left toe out to left side, step left foot in place
- 5-6 Touch right toe out to right side, pivot ¼ turn to right stepping right foot beside left
- 7-8 Touch left toe out to left side, touch left foot beside right

SIDE ROCK CROSS STRUT, TURNING TOE STRUTS

- 1-2 Rock left foot out to left side, recover weight onto right foot
- 3-4 Cross left toe over right foot, drop left heel to floor snapping fingers
- 5-6 Turn ¼ turn left touching right toe back, drop right heel to floor snapping fingers
- 7-8 Turn ¼ turn left touching left toe forward, drop left heel to floor snapping fingers (weight on left)

RIGHT & LEFT SCISSOR STEPS WITH CLAPS

- 1-2 Rock right foot out to right side, close left foot beside right
- 3-4 Cross right foot over left, clap hands
- 5-6 Rock left foot out to left side, close right foot beside left
- 7-8 Cross left foot over right, clap hands

TURNING PEG LEG TURN

- 1-2 Step forward on right foot, pivot 1/8 turn to left (weight ends on left)
- 3-6 Repeat counts 1-2 twice
- 7-8 Complete ½ turn stepping right foot in place, step left foot beside right

REPEAT
