

# Shadow Dancing

Compte: 0

Mur: 0

Niveau:

Chorégraphe: Max Perry (USA)

Musique: Shadow Dancing - Andy Gibb



Sequence: Dance Starts on the Verse. ABC, AB, A(1-32), TAG, B to the end

## PART A ("THE VERSE")

### SUGAR PUSH WITH COASTER STEP & KICK BALL CHANGE

- 1-2 Step forward right, left
- 3&4 Step right up to left (3rd pos), step left in place, step right back (anchor step)
- 5&6 Step left back, step right next to left, step left forward (coaster step)
- 7&8 Kick right forward, rock right back, step left in place (kick ball change)

### ¼ PIVOT TURN, CROSSING SHUFFLE, SIDE ROCK, CROSSING SHUFFLE

- 1-2 Step right forward & turn ¼ left, step left in place
- 3&4 Cross right over left, step left to left side, cross right over left
- 5-6 Rock left to left side, step right in place (recover)
- 7&8 Cross left over right, step right to right side, cross left over right

### ½ MONTEREY TURN TWICE

- 1-2-3-4 Touch right toe to right side, step right next to left as you turn ½ right, touch left toe to left side, step left next to right
- 5-6-7-8 Repeat counts 1-4 (still facing 9:00)

### FORWARD ROCK, COASTER STEP, STEP FORWARD, TWIST, TWIST, TWIST

- 1-2 Rock right forward, step left in place (recover)
- 3&4 Step right back, step left next to right, step right forward
- 5 Step left forward
- 6-7-8 Twist on balls of both feet up to ½ right, then home, then ½ right to face 3:00 wall

### THOMPSON'S TURN FROM "TEXAS"

- 1-2 Step right forward & turn ¼ right, step left back (rock step ¼ turn) face 6:00
- 3&4 Kick right forward, step right next to left, step left forward & turn ½ left
- 5&6 Step right back & turn ½ left, step left forward & turn ½ left, step right back
- 7&8 Step left behind right in 3rd position, step right in place, step left in place

Anchor step/shuffle in place should end up facing original 12:00 wall

### JAZZ TOUCHES

- 1-2 Step right forward, step left forward
- 3&4 Kick right forward, step right back with ball of foot, cross left over right (lock)
- &5 Step right back, touch left to left side
- &6 Step left next to right, touch right to right side
- &7 Step right next to left, touch left to left side
- &8 Step left next to right, touch right to right side

### 2 CROSS POINTS, 2 CAT WALKS, SHUFFLE TURNING ½ LEFT

- 1-2 Step right forward & across left, touch left to left side
- 3-4 Step left forward & across right, touch right to right side
- 5-6 Cross step right over left (small step), cross step left over right (small step)

### These are the cat walks

- 7&8 Turn ½ left as you dance a right shuffle forward (face 6:00)

## **2 CROSS POINTS, 2 CAT WALKS, SHUFFLE TURNING ½ RIGHT**

- 1-2 Step left forward & across right, touch right to right side  
3-4 Step right forward & across left, touch left to left side  
5-6 Cross step left over right (small step), cross step right over left (small step)

### **These are the cat walks**

- 7&8 Turn ½ right as you dance a left shuffle forward (face 12:00)

## **PART B ("THE CHORUS")**

### **ROLLING 360 TURN RIGHT**

- 1-2-3-4 Turn ¼ right as you step right forward, turn ½ right, step left back turning ¼ right, step right to right side, touch left next to right (or you may do a plain grapevine right)

### **ROLLING TURN 1 AND ¼ LEFT, HOLD & CLAP TWICE**

- 5-6-7&8 Turn ¼ left and step left forward, turn ½ left and step right back, turn ½ left and step left forward, hold and clap twice

### **TOUCH FORWARD, SIDE, SAILOR SHUFFLE, TOUCH FORWARD, SIDE, SAILOR W/ ¼ TURN**

- 1-2 Touch right forward, touch right to right side  
3&4 Cross right behind left, step left to left side, step right in place  
5-6 Touch left forward, touch left side  
7&8 Cross left behind right turning ¼ left, step right in place, step left in place

### **ROCK STEP COASTER STEP, ROCK STEP COASTER STEP**

- 1-2-3&4 Rock right forward, step left in place, step right back, step left next to right, step right forward  
5-6-7&8 Rock left forward, step right in place, step left back, step right next to left, step left forward

### **ROCK STEP, ½ TURN CHA-CHA-CHA, ½ PIVOT TURN, CHA-CHA-CHA**

- 1-2 Rock right forward, step left in place (recover)  
3&4 Turn ½ right as you dance right triple step (cha-cha-cha)  
5-6 Step left forward & turn ½ right, step right in place  
7&8 Dance left triple step forward (cha-cha-cha)

## **PART C ("THE BRIDGE")**

### **WEST COAST SWING PATTERN "ENGLISH CROSS" DANCED TWICE**

- 1-2 Step right forward, step left forward  
&-3-4 Turn ¼ left and step right to right side, cross step left over right, turn ¼ right & step right forward  
5&6 Left shuffle in place turning ½ right (left, right, left)
- 1-2 Step right forward, step left forward  
&-3-4 Turn ¼ left and step right to right side, cross step left over right, turn ¼ right & step right forward  
5&6 Left shuffle in place turning ½ right (left, right, left)

### **SUGAR PUSH WITH KNEE POPS**

- 1-2 Step forward right, left  
3&4 Step right up to left (3rd pos), step left in place, step right back (anchor step)  
&5 Step left to left side, step right to right side (feet are a shoulder width apart)  
6-7-8 Bounce both heels 3 times (lift and set down &6&7&8)

### **ROLLING TURNS FROM PART B**

- 1-16 Dance the first 2 sections of 8 from section b - the rolling 360 turn, claps

## **THE TAG**

### **STEP FORWARD, ½ PIVOT TURN, ¼ TURN STEP SIDE**

1-2-3

Step right forward, step left forward & turn  $\frac{1}{2}$  right, step right in place

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Turn  $\frac{1}{4}$  right as you step left to left side

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