

The Shade

Compte: 40

Mur: 4

Niveau: Improver

Chorégraphe: Teresa Lawrence (UK) & Vera Fisher (UK)

Musique: The Shade - Joe Nichols



SAILOR RIGHT, SAILOR LEFT PIVOT ½ TURN PIVOT ½ TURN

- 1&2 Sailor right
- 3&4 Sailor left
- 5-6 Step forward right pivot ½ turn left
- 7-8 Step forward right pivot ½ turn left (12:00)

RIGHT LOCK & LEFT LOCK &, PIVOT ½ TURN WALK WALK

- 1-2& Step forward right, lock left behind right, step forward on right
- 3-4& Step forward left, lock right behind left, step forward on left
- 5-6 Step forward right, turn half turn left
- 7-8 Walk forward right left

CHASSE RIGHT SIDE, BACK ROCK REPLACE, KICK BALL CHANGE, KICK BALL CHANGE

- 1&2 Chasse right to right side
- 3-4 Rock back on left, replace weight on right
- 5&6 Kick ball change left
- 7&8 Kick ball change left

ROCK ¼ TURN RIGHT, SHUFFLE FORWARD RIGHT, ROCK AND COASTER STEP

- 1-2 Rock left to left side, turn ¼ turn right, stepping right
- 3&4 Shuffle forward left
- 5-6 Rock forward right replace weight on left
- 7&8 Coaster right

ROCK REPLACE, TURNING ½ TRIPLE, TURNING ½ TURN TRIPLE, COASTER STEP

- 1-2 Rock forward left, replace weight on right
- 3&4 Triple ½ turn left
- 5&6 Triple ½ turn left
- 7&8 Coaster step left

REPEAT
