

# Sha La La

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Audrey Watson (SCO)

**Musique:** (Is This The Way To) Amarillo - Tony Christie



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## **WALK, WALK, KICK BALL STEP, TWIST, TWIST, TWIST, HITCH BEHIND**

- 1-2 Walk forward on right, walk forward on left  
3&4 Kick right forward, step down on ball of right, step forward on left. (left should be in front of right)  
5-6 On the balls of both feet twist  $\frac{1}{4}$  right, twist  $\frac{1}{4}$  left  
7-8 On the balls of both feet twist  $\frac{1}{4}$  right, hitch right foot behind right leg and slap with left hand, (facing 3:00 wall)

## **SIDE, BEHIND & CROSS, KICK, CROSS, BACK & CROSS, KICK**

- 1-2 Step right to right/side, step left behind right  
3&4 Step right to right/side, cross left over right, kick right forward  
5-6 Cross right over left, step back on left  
7&8 Step right to right/side, cross left over right, kick right forward

## **BACK, CROSS, BACK, SIDE, CROSS, BACK, SIDE, CROSS**

- 1-2 Step back on right, cross left over right  
3-4 Step back on right, step left to left/side  
5-6 Cross right over left, step back on left  
7-8 Step right to right/side, cross left over right

## **UNWIND & BOUNCE $\frac{1}{2}$ TURN, BACK COASTER, STEP HOLD, & STEP SCUFF**

- 1-2 Unwind  $\frac{1}{2}$  turn right bouncing heels twice  
3&4 Step back on right, step left next right, step forward on right  
5-6 Step forward on left, hold for a beat  
&7-8 Step right next left, step forward on left, scuff right forward

**REPEAT**

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