

# September Needs

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Rosie Multari (USA) - September 2002

Musique: Y Yo Sigo Aquí - Paulina Rubio : (CD: Paulina)



## Alt. Tracks:-

Afrika by Angelique Kidjo (116 bpm / Black Ivory Soul cd)

I've Had the Time of My Life by Bill Medley & Jennifer Warnes (109 bpm / Dirty Dancing soundtrack) also by GLEE cast, Glee cd 5;

Free by Faith Hill [106 bpm / Cry cd]

September by Earth, Wind & Fire [128 bpm / Best Of / iTunes]

Let The River Run by Carly Simon [100 bpm / CD: Working Girl Soundtrack]

or Any mambo rhythm song

## WALK, CHASSE, BRUSH & MAMBO, TURN ½, HOOK

1-2 Step right forward, step left forward

3&4 Step right to side, step left together, step right to side

&5&6 Brush left forward, rock left back, recover to right, step left together

&7&8 Hold, step right forward, turn ½ right and step left back, hook right over left

## SHUFFLE LOCK FWD, TOUCH STEPS, TURN ¾ TRIPLE, SIDE ROCK CROSS

1&2 Step right forward, cross left behind right, step right forward

3-4 Touch left toe forward, touch left toe back

5&6 Triple in place turning ¾ left stepping left, right, left

7&8 Rock right to side, recover to left, cross right over left

## SIDE ROCK CROSS, TOUCH & HITCH, MAMBO R, BRUSH & MAMBO L

1&2 Rock left to side, recover to right, cross left over right

3-4 Touch right to side, hitch right knee

5&6 Rock right forward, recover to left, step right together

&7&8 Brush left forward, rock left back, recover to right, step left together

## SIDE ROCK, SYNCOPATED WEAVE, SWAY TURN ¼, SYNCOPATED TURN

1-2 Rock right to side, recover to left

3&4 Cross right behind left, step left to side, cross right over left

5-6 Sway left, sway right turning ¼ right (weight to right)

7&8 Step left forward, turn ¼ right and step right forward, step left forward

## REPEAT

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Originally released in 9/02 \*updated & overhauled 12/2012