

# San Antonio Stroll

Compte: 32

Mur: 4

Niveau: Improver polka

Chorégraphe: Jo Thompson Szymanski (USA)

Musique: San Antonio Stroll - Tanya Tucker



These are polka type songs, but this dance can also be done to cha-cha or west coast swing type songs as well

## POLKA FORWARD RIGHT, LEFT, RIGHT, LEFT

- 1&2 Step forward with right foot, step together with left foot, step forward with right  
3&4 Step forward with left foot, step together with right foot, step forward with left  
5&6 Step forward with right foot, step together with left foot, step forward with right  
7&8 Step forward with left foot, step together with right foot, step forward with left

## ROCK, RECOVER, POLKA BACK RIGHT, POLKA BACK LEFT, ROCK BACK, RECOVER

- 1-2 Rock forward with right foot, recover weight back to left foot  
3&4 Step back with right foot, step together with left, step back with right  
5&6 Step back with left foot, step together with right, step back with left  
7-8 Rock back with right foot, recover weight forward to left foot

Turning variation of above: on counts 3&4, 5&6 complete one full turn right by doing this:

- 3&4 Turn  $\frac{1}{4}$  right, step right foot to right side, step together with left, turn  $\frac{1}{4}$  right, step forward with right  
5&6 Turn  $\frac{1}{4}$  right, step left foot to left side, step together with right, turn  $\frac{1}{4}$  right, step back with left

## HEEL, TOE, POLKA RIGHT SIDE, HEEL, TOE, POLKA LEFT SIDE

- 1-2 Touch right heel to right forward diagonal, touch right toe beside left (or across in front of left if you prefer)  
3&4 Step right foot to right side, step together with left, step right foot to right side  
5-6 Touch left heel to left forward diagonal, touch left toe beside right (or across in front of right if you prefer)  
7&8 Step left foot to left side, step together with right, step left foot to left side

## STROLL 6, STEP, $\frac{1}{4}$ TURN LEFT

- 1-3 Step forward with right foot turning body  $\frac{1}{8}$  left, step left foot crossed behind right, turn body  $\frac{1}{8}$  right to square up to front and step forward with right foot  
4-6 Step forward with left foot turning body  $\frac{1}{8}$  right, step right foot crossed behind left, turn body  $\frac{1}{8}$  left to square up to front and step forward with left foot  
7-8 Step forward with right foot, turn  $\frac{1}{4}$  left, shifting weight to left foot

## REPEAT

## ENDING

When using the Tanya Tucker song, at the end of the song the dance will finish on the stroll forward. Complete counts 1-3 of the stroll, then stomp the left foot forward for a big finish!