

Sail'n

Compte: 36

Mur: 4

Niveau: Improver mixed rhythm



Chorégraphe: Syd Steckel (USA)

Musique: You're In My Head - Brian McComas

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- 1-8 Kick right front, kick right side into a sailor step; kick front, kick left side into sailor step
- 1-8 Step forward on right and kick left step back onto left touch right step right and drag left into a half turn to right step left and drag right into half turn to left
- 1-8 Step right drag left into a half turn to right(turning to the left $\frac{3}{4}$ a two step turn) step left then right into a coaster step; left, right, left (turning to the right $\frac{1}{2}$ a two step turn) step right then left
- 1-8 Cha-cha step back onto right into coaster step(left right left) right rock step into sailor step $\frac{1}{2}$ turn to the right
- 1-4 Rock step left into sailor step $\frac{1}{2}$ turn to the left

REPEAT
