

Running Beer

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Oli Geir (ICE)

Musique: Beer Run - Garth Brooks & George Jones



HEEL TOUCH, HOOK, HEELBALL CHANGE TWICE

- 1-2 Touch right heel forward, hook right foot in front of left
- 3&4 Touch right heel forward, step right foot back, step left foot in place
- 5-6 Touch right heel forward, hook right foot in front of left
- 7&8 Touch right heel forward, step right foot back, step left foot in place

STEP PIVOT ¼ TURN LEFT, CROSS CHASSE, SIDE, ROCK, COASTER STEP

- 1-2 Step forward on right and pivot ¼ turn left, step left foot to side
- 3&4 Cross step right over left, step left to side, cross step right over left
- 5-6 Step left to side, rock right in place
- 7&8 Step back on left, step right beside left, step forward on left

STEP PIVOT ½ TURN LEFT, SCUFF, STEP TWICE, JUMP, HOLD AND CLAP

- 1-2 Step forward on right and pivot ½ turn left, step forward on left
- 3-4 Scuff right foot forward, step forward on right
- 5-6 Scuff left foot forward, step forward on left
- 7-8 Jump forward on both feet weight in left, hold and clap hands

STEP, ROCK, STEP PIVOT ½ TURN LEFT, STEP, STEP PIVOT ½ TURN RIGHT, STEP

- 1-2 Step back on right, step left in place
- 3-4 Step forward on right and pivot ½ turn left, step left in place
- 5-6 Step forward on right, step forward on left and pivot ½ turn right
- 7-8 Step right in place, step forward on left

REPEAT
