

Rolly Poly

Compte: 32

Mur: 0

Niveau:



Chorégraphe: David Camm (AUS)

Musique: Roly Poly - The Chicks

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|--------|---|
| 1&2& | Jump both feet out, jump both feet together, jump both feet back, slap both hands on thighs |
| 3&4& | Step forward on right, scuff left, step forward on left, scuff right |
| 5&6& | Cross right over left, step left to left side, rock back to right, cross left over right |
| 7&8 | Step right to right side, rock weight to left, cross right over left |
| 9-10 | Touch left toe to left side (don't take weight), pop right knee (take weight on left) |
| 11&12 | Pop left knee (take weight on right), pop right knee (take weight on left), pop left knee (take weight on right) |
| 13&14 | Take weight on left as you twist left heel out & step right to right side, step ball of left foot beside right, twist left heel out as you step right to right side |
| &15-16 | Step ball of left foot beside right, twist left heel out as you step right to right side, step left beside right |
| 17&18& | Step left to left side, step right behind left, step left turning ¼ turn left, tap right toe beside left |
| 19&20& | Step right to right side, step left behind right, step right to right side, tap left beside right |
| 21&22& | Step left to left side, step right behind left, step left turning ¼ turn left, hitch right leg turning ¼ turn left |
| 23&24& | Step right to right side, hitch left leg and turn ¼ turn left, turn ½ turn left stepping forward on left, scuff right |
| 25&26& | Rock forward on right, rock back on left, turn ½ turn right stepping onto right, hitch left leg turning ¼ turn right |
| 27&28& | Step left to left side, hitch right leg while turn ¼ turn right, turn ½ turn right stepping onto right, scuff left foot forward |
| 29&30& | Rock forward on left, rock back on right, turn ½ turn left stepping on to left, hitch right turning ¼ turn left. |
| 31&32& | Step right to right side, hitch left leg turning ¼ turn left, turn ½ turn left stepping on to left, step right next to left. |

REPEAT
