

Rollercoaster

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Chris Langthorne (UK)

Musique: Life Is a Rollercoaster - Ronan Keating



SIDE BEHIND CHASSE, CROSS UNWIND CROSS SHUFFLE

- 1-2 Step right to right side, step left behind right
- 3&4 Step right to right side, close left, step right to right
- 5-6 Cross left over right, unwind half turn
- 7&8 Cross shuffle left over right
- 9-16 Repeat counts above

SIDE ROCK REVERSE PIVOT SHUFFLE PIVOT TURN

- 17-18 Rock right to right side, weight back on left
- 19-20 Step right behind, on ball of left foot, pivot ½ turn over right shoulder
- 21&22 Left shuffle forward
- 23-24 Step right forward, pivot ½ turn over left shoulder

ROCK FORWARD AND BACK COASTER STEP TWICE

- 25-26 Rock right foot forward, back onto left
- 27&28 Back right, back left, forward right
- 29-30 Rock left foot forward, back onto right
- 31&32 Back left, back right, forward left

KICK STEP POINTS REVERSE PIVOT

- 33&34 Kick right forward, step forward with right foot, point left to left side
- 35&36 Repeat steps 33 & 34 on left
- 37&38 Repeat steps 33 & 34
- 39-40 Step left behind, pivot ½ turn on ball of right foot, over left shoulder, taking weight onto left

STEP CLOSE LOCK STEP ROCK FORWARD BACK LOCK STEP

- 41-42 Step right forward, close left behind right
- 43&44 Step right forward, step left behind right, step right forward
- 45-46 Rock forward onto left, back onto right
- 47&48 Step back left, cross right over left, step back left

SIDE ROCK SAILOR STEP CROSS ROCK ¼ SHUFFLE TURN

- 49-50 Rock right foot to right side, rock back onto left
- 51&52 Cross step right behind left, step left next to right, right next to left
- 53-54 Cross rock left over right, rock back onto right
- 55&56 Step left to left side, right behind left, step left ¼ turn left

STEP STEP APPLE JACK STEP STEP APPLE JACK

- 57-58 Step right forward, step left forward
- & With weight on right heel and left toe, swivel right
- 59 Return feet to center
- & With weight on left heel and right toe, swivel left
- 60 Return feet to center
- 61-64 Repeat above four counts

REPEAT

