

Rocky Top Rock

Compte: 32

Mur: 1

Niveau: Improver contra dance



Chorégraphe: Helen Born (USA) & Nita Lindley (USA)

Musique: Rocky Top Rock - Trick Pony

RIGHT TOUCHES IN-OUT, LEFT TOUCHES IN-OUT

- 1-2 Touch right toe to side, step together
- 3-4 Touch left toe to side, step together
- 5-6 Touch right toe to side, step together
- 7-8 Touch left toe to side, step together

RIGHT HEEL HOOK, LEFT HEEL HOOK

- 1-2-3-4 Touch right heel in front, hook right over left, touch right heel forward, right next to left
- 1-2-3-4 Touch left heel in front, hook left over right, touch left heel forward, left next to right

RIGHT SHUFFLE, LEFT SHUFFLE, ½ TURN LEFT, REPEAT

- 1&2&3&4 Shuffle right left right shuffle left right left
- 5-6 Step forward right pivot ½ turn left
- 7-12 Repeat 1-6

RIGHT GRAPEVINE, LEFT GRAPEVINE

- 1-2-3-4 Step right foot to right, step left behind right, step right, step left together
- 1-2-3-4 Step left foot to left, step right behind left, step left, step right together

KICK 2X RIGHT, COASTER STEP, KICK LEFT 2X, COASTER STEP

- 1-2&3&4 Kick right forward twice, step right back, step left beside right, step right forward
- 1-2&3&4 Kick left forward twice, step left back, step right beside left, step left forward

RIGHT SHUFFLE, LEFT SHUFFLE, ½ TURN LEFT, REPEAT

- 1&2&3&4 Shuffle right left right, shuffle left right left
- 5-6 Step forward right, pivot ½ turn left
- 7-12 Repeat 1-6

REPEAT
