

A Rocking Good Way

Compte: 64

Mur: 2

Niveau: Intermediate



Chorégraphe: Kitty de Brouwer (NL)

Musique: A Rockin' Good Way (To Mess Around and Fall In Love) - Shakin' Stevens & Bonnie Tyler

TOE/ HEEL SWIVELS, CHASSE RIGHT, CROSS ROCK STEP BACK

- 1-2 Toe touch right (heel to the right), heel touch right (heel to the left)
- 3-4 Toe touch right (heel to the right), heel touch right (heel to the left)
- 5&6 Step right to right side & step left beside right, step right to right side
- 7-8 Rock left across behind right, rock back right

TOE / HEEL SWIVELS, SHUFFLE FORWARD, ROCK STEP FORWARD

- 9-10 Toe touch left (heel to the left), heel touch left (heel to the right)
- 11-12 Toe touch left (heel to the left), heel touch left (heel to the right)
- 13&14 Step left forward, & step right together, step left forward
- 15-16 Rock forward right, rock back left

SHUFFLE BACK, SIDE ROCK, SHUFFLE FORWARD, ROCK STEP FORWARD

- 17&18 Step back right, & step left beside right, step back right
- 19-20 Rock left to left side, rock back right
- 21&22 Step left forward, & step right together, step left forward
- 23-24 Rock forward right, rock back left

SHUFFLE BACK, SHUFFLE ½ TURN LEFT, SHUFFLE ½ TURN LEFT, ROCK STEP BACK

- 25&26 Step back right, & step left beside right, step back right
- 27&28 Step left ¼ turn to left side & step right beside left, step left ¼ turn forward
- 29&30 Step right ¼ turn to left side & step left beside right, step left ¼ turn backward
- 31-32 Rock left backward, rock back right

SHUFFLE FORWARD, SIDE ROCK. ¼ TURN LEFT, BOOGIE WALKS (LOW & HIGH)

- 33&34 Step left forward, & step right together, step left forward
- 35-36 Step right to right side, both feet ¼ turn to the left side
- 37 Step right forward (swivel right heel to right (using the toe of the right foot) with bowed knees)
- 38 Step left forward (swivel left heel to left (using the toe of the left foot) with bowed knees)
- 39 Step right forward (swivel right heel to right (using the toe of the right foot) with stretched knees)
- 40 Step left forward (swivel left heel to left (using the toe of the left foot) with stretched knees)

SHUFFLE FORWARD, PIVOT TURN ½ RIGHT, BOOGIE WALKS (LOW & HIGH)

- 41-42 Step right forward, & step left together, step right forward
- 43-44 Step left forward, both feet ½ turn to the right side
- 45 Step left forward (swivel left heel to left (using the toe of the left foot) with bowed knees)
- 46 Step right forward (swivel right heel to right (using the toe of the right foot) with bowed knees)
- 47 Step left forward (swivel left heel to left (using the toe of the left foot) with stretched knees)
- 48 Step left forward (swivel left heel to left (using the toe of the left foot) with stretched knees)

SHUFFLE FORWARD, ROCK STEP FORWARD, SHUFFLE BACK, ¾ TURN SHUFFLE LEFT

- 49&50 Step left forward, & step right together, step left forward
- 51-52 Rock forward right, rock back left
- 53&54 Step back right, & step left beside right, step back right

55&56 Step left $\frac{1}{2}$ turn to left side & step right $\frac{1}{4}$ turn to left side, step left on place

SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

57-58 Rock right to right side, rock back left

59&60 Step right over left & step left to the left side, step right over left

61-62 Rock left to the left side, rock back right

63&64 Step left over right & step right beside, step left over right

REPEAT
