

Rockin' Easy

Compte: 54

Mur: 1

Niveau: Intermediate

Chorégraphe: Jo Ann Ford & Ruth Ann Gallien

Musique: Got to Get You Off My Mind - Solomon Burke



TOUCH & STEP FORWARD RIGHT, LEFT, RIGHT

- 1-2 Touch right forward and to right side, step forward right
- 3-4 Touch left forward and to left side, step forward left
- 5-6 Touch right forward and to right side, step forward right

TWO LEFT KICK-BALL-CHANGES

- 7&8 Kick-ball-change starting on left foot
- 9&10 Kick-ball-change starting on left foot

STROLL RIGHT (4 STEP WEAVE) WITH ½ TURN RIGHT, REPEAT

- 11-12 Step left in front of right, step right to right
- 13-14 Step left behind right, step right to right
- 15-16 Step left across right making ½ turn right, step right in place (shifting weight to right)
- 17-22 Repeat steps 1-6

TWO LEFT ROCK STEPS, SHUFFLE

- 23-24 Step left over right, rock back onto right
- 25-26 Step left over right, rock back onto right
- 27&28 Shuffle in place left-right-left

TWO RIGHT ROCK STEPS, SHUFFLE

- 29-30 Step right over left, rock back onto left
- 31-32 Step right over left, rock back onto left
- 33&34 Shuffle in place left-right-left

SHUFFLE LEFT FORWARD, ½ PIVOT LEFT

- 35&36 Shuffle forward on left-right-left
- 37-38 Step forward on right, turn ½ to left (weight on left)

TWO SHUFFLES FORWARD RIGHT & LEFT, TWO ¼ PIVOTS LEFT

- 39&40 Shuffle forward on right-left-right
- 41&42 Shuffle forward on left-right-left
- 43-44 Step forward on right, turn ¼ to left (weight on left)
- 45-46 Step forward on right, turn ¼ to left (weight on left)

VINE RIGHT, SHUFFLE IN PLACE, VINE LEFT, SHUFFLE IN PLACE

- 47-48 Step right to right side, cross left behind right
- 49-50 Shuffle in place right-left-right
- 51-52 Step left to left side, cross right behind left
- 53&54 Shuffle in place left-right-left

REPEAT