

Rockin' Chair Polka

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Jim Wells (USA) & Judy Wells (USA)

Musique: Heartache Big As Texas - Ricky Van Shelton



POLKA FORWARD, ROCKING CHAIR

- 1&2 Step left foot forward, bring right foot to heel of left foot, step left foot forward
- 3&4 Step right foot forward, bring left foot to heel of right foot, step right foot forward
- 5 Step forward on left foot
- 6 Rock back on right foot in place
- 7 Step back on left foot
- 8 Rock forward on right foot in place

POLKA FORWARD, ROCKING CHAIR

- 9&10 Step left foot forward, bring right foot to heel of left foot, step left foot forward
- 11&12 Step right foot forward, bring left foot to heel of right foot, step right foot forward
- 13 Step forward on left foot
- 14 Rock back on right foot in place
- 15 Step back on left foot
- 16 Rock forward on right foot in place

POLKA FORWARD, STEP-SCUFF, ¼ TURN, SCUFF

- 17&18 Step left foot forward, bring right foot to heel of left foot, step left foot forward
- 19&20 Step right foot forward, bring left foot to heel of right foot, step right foot forward
- 21 Step forward on left foot
- 22 Scuff right foot forward
- 23 Step right foot to the right making a ¼ turn to the right
- 24 Scuff left foot forward

SIDE POLKA, ¼ TURN TO THE RIGHT, SIDE POLKA, PIVOT

- 25&26 Polka sideways to the left (left-right-left)
- 27 Step on right foot making ¼ turn to the right with the step
- 28 Step left foot next to right
- 29&30 Polka sideways to the right (right-left-right)
- 31 Step forward on left foot
- 32 Pivot ¼ turn right on left foot and shift weight to right foot

REPEAT
