

Rockin'

Compte: 32

Mur: 2

Niveau:



Chorégraphe: Cherine Stiller (AUS)

Musique: Old Time Rock & Roll - Bob Seger

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|-----|--|
| 1-2 | Touch right toe to right side, touch right toe next to left |
| 3-4 | Touch right heel forward at 45 degrees, step right next to left |
| 5-6 | Touch left toe to left side, touch left toe next to right |
| 7-8 | Touch left heel forward at 45 degrees, step left next to right |
| | |
| 1-2 | Rock/step right forward, rock back onto left |
| 3-4 | Rock/step right back, rock forward onto left |
| 5-6 | Step right forward, pivot turn ½ turn left |
| 7-8 | Step right forward, pivot ½ turn left |
| | |
| 1-2 | Step right to right side, step left next to right |
| 3-4 | Step right to right side, step left next to right |
| 5-6 | Bend right knee in front of left knee raising right heel, hold |
| 7-8 | Step onto right heel & bend left knee in front of right knee raising left heel, hold |
| | |
| 1-2 | Step left to left side, step right across behind left |
| 3-4 | Turn ½ turn left & step left forward, scuff right forward |
| 5-6 | Rock/step right forward, rock back onto left |
| 7-8 | Step right forward, step left forward |

REPEAT
