The Rock Dance



Compte: 32 Mur: 2 Niveau: Improver

Chorégraphe: Maureen Jones (UK) & Michelle Jones (UK)

Musique: We Will Rock You - Queen



ROCK, TOUCH BACK, HOLD, STEP, ½ TURN, STOMP, HOLD

1-2	Rock forward	on right, recove	er weight on left

3-4 Touch right back, hold

5-6 Step forward on right, pivot ½ turn left (weight ends on left)

7-8 Stomp right beside left, hold

POINT LEFT, TOUCH, POINT LEFT, HOLD, KICK, CROSS, POINT RIGHT, HOLD

9-10	Point left toes to left, touch left beside right
11-12	Point left toes to left and punch left fist towards floor, arm straight & parallel to left leg, hold
13-14	Kick left forward, step left across right
15-16	Point right toes to right and punch right fist towards floor, arm straight & parallel to right leg, hold

ROCK BACK, RECOVER, STEP, HOLD, ROCK BACK, RECOVER, STEP, HOLD

Rock back on right, recover on left
Step forward on right, hold
Rock back on left, recover on right
Step forward on left, hold

HEEL TOUCH, STEP, STOMP, HOLD, BUMP HIPS LEFT-RIGHT-LEFT, HOLD

25-26	Touch right heel forward, step right beside left
27-28	Stomp left forward, hold
29-30	Bump hips left, bump hips right
31-32	Bump hips left, hold

REPEAT

During the introduction, prior to the vocals, arm movements may be added as follows:

1-2 Clap, clap

3-4 Punch both fists upwards, hold

Repeat until dance starts on vocals.